

Dr Elton Ryan Fernandes

MBBS, MD Community Medicine

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EXPERIENCE

Brihanmumbai Municipal Corporation, Mumbai
— *Assistant Medical Officer*

28/09/2022- 27/09/2023

Bombay Hospital, Mumbai — *Resident Medical Officer*

Feb 2017 - July 2017

EDUCATION

MD PSM from Grant Government Medical College, Mumbai— *MD in Community Medicine (PSM)*

MAY 2019 - JUNE 2022

MBBS from MGM Medical College, Aurangabad — *MBBS*

AUG 2010 - FEB 2016

PROJECTS

“Assessment of Nutritional Status in Elderly” — *Dissertation*

“Vaccine Literacy and Hesitancy in Healthcare Workers” - *Study project*

Professional Summary

Dedicated and highly motivated Public Health professional with a passion for improving community well-being and promoting healthy lifestyles. Seeking a challenging position in Public Health that allows me to utilize my skills and knowledge to contribute to the advancement of public health initiatives and create positive, lasting impacts on society.

SKILLS

Proficient in English and Hindi.

Team Player

Systematic Planner

Well-organized

Calm under pressure

Professional Experience

Assistant Medical Officer in Epidemiology Cell from September 2022 - Present

- **Disease Surveillance:** Assisting in setting up and managing disease surveillance systems. Collection, compilation, and analysis of data on various diseases and health-related events from different health facilities and community sources.
- **Outbreak Investigation:** Assisting in outbreak investigations, identification and reporting of the suspected cases promptly. And, in tracing contacts and implementing control measures.
- **Contact Tracing:** Working with epidemiologists to trace the contacts of confirmed cases of infectious diseases to prevent further transmission.
- **Data Analysis:** Assisting in analyzing epidemiological data to identify trends, risk factors, and patterns of diseases, helping to inform public health decisions and interventions.
- **Health Education and Communication:** Participating in health education and communication activities to raise awareness among the community about disease prevention and health promotion.
- **Reporting and Documentation:** Maintaining accurate records, preparing reports, and providing regular updates on disease surveillance and outbreak investigations.
- **Capacity Building: Training healthcare workers and community health volunteers** on disease surveillance, outbreak response, and other epidemiological activities.

Resident Medical Officer at Bombay Hospital, Mumbai from Feb 2017 - July 2017

- **Patient Care:** Providing medical care to patients admitted to the hospital. Assessing, diagnosing patients' conditions, create treatment plans, and manage their ongoing care. It also included administering medications, ordering tests, monitoring vital signs, and coordinating with other healthcare professionals involved in the patient's care.
- **Emergency Care:** Handling emergency cases that come into the hospital during night shifts. It included examining and stabilizing the patient and if necessary, admitting them.
- **Documentation:** Accurate and detailed documentation of patient care. This included maintaining patient records, writing progress notes, and ensuring that medical charts are up-to-date.
- **Communication:** Communicating treatment plans, prognosis, and updates to patients and their families, ensuring that everyone is well-informed about the patient's condition.
- **Admissions and Discharges:** It also involved admitting patients to the hospital and coordinating their discharge plans. This includes reviewing medical histories, conducting admission assessments, and ensuring appropriate post-discharge instructions are given.

Post graduation - MD in Community Medicine from Grant Government Medical College, Mumbai

- Counselling and advice on adult immunization in the adult immunization OPD for health care workers and international travelers.
- Diagnosed and treated a variety of animal bite cases in a OPD setting.
- Counselling, advised, and managed beneficiaries in Covid vaccination OPD.
- Performed screening for suspected Covid-19 patients in fever OPD.
- Managed Covid-19 patients in Covid Care Centre.
- Assisted in Sub national certification of TB elimination evaluation of Prabhadevi district.

Internship at MGM Medical College, Aurangabad from Feb 2015 – Feb 2016

- Successfully completed 12 months' internship working and diligently learning in every department of the hospital.
- Assisted in several surgeries and obstetric procedures.
- Continuously maintained proper safety and took precautionary measures to avoid the spread of disease and infection.
- Served Rural posting at Daulatabad and Ellora PHC, Pune with attending and treating patients at various subcenters on general practice setting.
- Served Urban Posting at Ajabnagar PHC, Aurangabad, serving and treating patients.

Certificate Course:

- Certificate course in Basic course in Biomedical Research conducted by Swayam and ICMR (2019).
- Certificate course in Geriatric Medicine and Gerontology

Hobbies:

- Outdoor sports
- Feature films
- Socializing