



DR PRACHI SARVAIYA (PT) BPTH, MPTH.

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OBJECTIVE

To secure a challenging position where I can effectively continue and develop my skills as a Musculoskeletal Physiotherapist and contribute for the betterment of the community.

EDUCATION AND QUALIFICATION

MPTH in Musculoskeletal Physiotherapy from K. J. Somaiya College of Physiotherapy, MUHS. (March 2021)

- 1st MPTh – 68.66%
- 2nd MPTh – 78% (2nd Rank in MUHS.)

BPTH from Lokmanya Tilak Municipal Medical College and Government Hospital, Sion, MUHS. (August 2017)

- 1st BPTH – 79.52%
- 2nd BPTH – 74.71%
- 3rd BPTH – 74% (5th rank in MUHS)
- 4th BPTH – 81.12% (2nd rank in MUHS)

HSC from Jai Hind College, Mumbai – 81.33%

SSC from Blossom ST English High school – 97.82% (Participated in State level Fencing, Fencing Association – 2010.

INTERNSHIP

Completed 6 months of internship with LTMMC & GH Sion in the following departments –

1. Musculoskeletal Physiotherapy

2. Neurophysiotherapy
3. Cardiovascular and Respiratory Physiotherapy
4. Community Physiotherapy
5. Burns Department
6. Plastic surgery and Hand Specialised Physiotherapy department
7. CP clinic.

POSTGRADUATION

Post Graduation from K. J. Somaiya College of Physiotherapy

1. Musculoskeletal Physiotherapy
2. Neurophysiotherapy – Adult and Pediatrics
3. Cardiovascular and Respiratory Physiotherapy
4. Community Physiotherapy
5. Obstetrics and Gynecological Physiotherapy department
6. EMG and NCV department
7. Tele-rehabilitation
8. External postings –
 - Hindu Sabha Hospital, Ghatkopar
 - Paraplegic Foundation, Sion
 - HPCL, Mahul
 - UHC
 - Sports posting at KJ Somaiya College, Vidya vihar
 - Sports posting with Junior MI cricket team

COVID-19 POSTINGS

Completed my ICU, casualty, HDU and ward postings for COVID-19 positive patients in KJ Somaiya college of physiotherapy and hospital from July 2020 to December 2020.

EXPERIENCE

1. Worked with Dr Aryn Rajani (Ortho) at OAKS clinic – Knee and Shoulder specialised from October 2020 to January 2021.
2. JSW Indian Squash Circuit, CCI, International – PSA World Tour, 2017.
3. JSW Indian Squash Circuit, CCI International – PSA World Tour, 2016.
4. Reliance Youth Foundation Sports Football National tournament 2016.

5. Reliance Youth Foundation Sports Football State Tournament 2016.
6. MI Junior Cricket Tournament, 2020.
7. HPPCL Sports meet Annual event, 2019.
8. TATA Mumbai Marathon – 2018.

CONFERENCES ATTENDED AND CERTIFICATION

1. Maitland Mobilization Workshop – Shoulder and Cervical by Mark Jones, UNISA, 2018.
2. Neuro Dynamic Solutions (NDS) – Upper and Lower Quadrant by Dr Kiran Challagundla, April 2019.
3. Manual Therapy workshop by Brian Mulligan “Mulligan Concepts” (Modules A, B and C) by Dr Kiran Satpute, September 2019.
4. Kinetic Control – “Coordination and efficiency to optimize movement training for the neck and shoulder”, by Dr Hemakshi Basu, October 2019.
5. “Mechanical Ventilation for COVID”, Harvard Medical School accredited by ACCME.
6. 6th International meeting of Arthroscopy Academy and Physiotherapy and Sports Rehabilitation Congress, “Evolving techniques in Knee and Shoulder Sport injuries”, July 2019.
7. Medinspire – An International Multidisciplinary Medical Summit, February 2019.
8. Basic workshop in Research Methodology, MUHS, Institute of Medical Education Technology and Teacher’s training.
9. Basic workshop in Educational Methodology, MUHS, Institute of Medical Education and Teacher’s training.
10. “Sports Injuries, ACL Rehabilitation and Legal Issues by PT” by IAP, June 2019.
11. 7th Annual Conference of Indian Federation of Neuro Rehabilitation (IFCORN), April 2019.
12. World Federation for Neuro Rehabilitation, webinar April 2020.
13. Basic workshop on “Robotics and Neuro Rehabilitation” at Jupiter Hospital, Thane.
14. Triumph – Mental health awareness supported by Bombay Psychiatry Society.
15. CME on Advances in Spine Surgery, Updates on Arthroscopy and Sports injuries and Sports rehabilitation.
16. CME on Sports Injuries, KEM Hospital, February 2020.
17. Basic lecture on introduction to McKenzie by Asha Menon.
18. Trinity 2014 to 2019 – All India Students Medical Conference.

PRESENTATIONS

1. Poster Presentation – “Physiotherapy in CP” in Trinity 2019, All India Students Medical Conference.
2. Paper Presentation – “Comparison of effectiveness of Isometric exercises versus Jacobson’s Relaxation technique on Visual Analogue Scale and MOOS Menstrual Distress Questionnaire in Primary Dysmenorrhoea” in Trinity 2017, All India Students Medical Conference.
3. Poster Presentation – “Importance of Physiotherapy in DISH (Diffuse Idiopathic Skeletal Hyperostosis)” in Medinspire – An International Multidisciplinary Medical Summit, February 2019.

ACADEMIC PROJECT

Under Graduation – Comparison of effectiveness of Isometric exercises versus Jacobson’s Relaxation technique on Visual Analogue Scale and MOOS Menstrual Distress Questionnaire in Primary Dysmenorrhoea.

Post Graduation – Correlation between lower limb power and agility on hand grip strength in three different positions in young fencers.

PERSONAL INFORMATION

DOB – 2nd May, 1996.

Languages spoken – English, Hindi, Marathi, Gujarati.

State Level Fencing player – played last at State Level, Indian Physiotherapy Association in Aurangabad, 2010.

I hereby declare that the information given above is true to the best of my knowledge.

Your’s sincerely

Dr Prachi Sarvaiya (PT)

BPTh, MPTh.