

## CONTACT

PHONE: +91 8369375440  
EMAIL: kiran.yp@somaiya.edu

## PROFILE

With 15 years of practice in all domains of physical therapy, I have honed my ability to work with a wide variety of patients. Specialization in cardiovascular and respiratory field leaned me more towards acute care, Pediatric care, cardiac and pulmonary rehabilitation, gaining expertise in this discipline.

## COURSES

- Medical Imaging (diagnostic imaging)
- Legal and Ethical issues for PT
- Wound care
- Clinical Decision Making
- Neuromuscular Tissues and Control
- Competencies for foreign trained PT
- Differential-Diagnosis
- Cognition and Perception

## SPECIALTY

Acute and Subacute care

## SKILLS

- Physical Evaluation
- Patient, family, co-worker, and student education
- Create treatment goals, programs, and plan of care
- Ongoing evaluation
- Modifying program as need
- Safe, effective patient discharge, planning and simulation – home, work, community
- Team lead
- Excellent Communication and Interpersonal Skills
- Collaboration
- Active Listening
- Resolving Conflicts
- Time Management
- Documentation and records

## EDUCATION

### **Masters of Physical Therapy (2001 – 2003)**

Topiwala National Medical College, University of Mumbai, INDIA  
Specialty – Cardiovascular and Respiratory Physiotherapy.  
Elective – Adult and Pediatric Intensive Care

### **Bachelor of Science in Physical Therapy (1997 – 2001)**

Lokmanya Tilak Medical Municipal College, University of Mumbai, INDIA

## WORK EXPERIENCE

### **K J Somaiya College Of Physiotherapy, Mumbai, MH, INDIA**

Nov'22-current – Associate Professor, Cardiopulmonary PT

### **Encompass Health Rehabilitation Hospital of Dallas, TX, US**

Jun'2022-Aug'2022 - volunteered as Physical Therapist

### **FYZICAL Therapy and Balance Centers, Plano TX, US**

Aug'2021-Dec'2021 - volunteered as Physical Therapist

### **MAEER's College of Physiotherapy, Talegaon, Pune, MH, INDIA**

Oct'2009-Jul'2016 as Lecturer

- Taught undergraduate students fundamentals of kinesiology, biomechanics, assessment and intervention of cardiovascular and respiratory systems, administration and management skills, professional ethics
- Clinical teaching in acute care units, in-patient and out-patient department
- Successfully guided students for academic research projects
- Extensively worked in medical, surgical, and neonatal ICU treating patients for airway clearance, lung expansion, transfers, and mobility
- Worked in musculoskeletal out-patient department treating wide range of surgical patients and degenerative joint conditions, especially with geriatric patients
- Communicated and monitored treatment program in conjunction with other clinical/therapeutic services

### **Jaslok Hospital and Research Center, Mumbai, MH, INDIA**

Sep'2004–Aug'2008 as Clinical Physiotherapist

- Extensively worked in all Medical, surgical, pediatric, neonatal, neurology, respiratory, cardiac intensive care units, sub-acute care, home care and cardiac rehabilitation units
- Responsibilities involved evaluation, diagnosing problems related to physiotherapy, plan and implement various chest physiotherapy skills, communication with multidisciplinary team members, discharge planning, follow up and documenting patient progress, review treatment protocol
- Trained and supervised junior staff.
- Worked considerably with geriatric patients on various cases like joint replacement surgeries, chronic lung and cardiac conditions, balance, and degenerative neurological conditions

### **All India Institute of Physical Medicine and Rehabilitation, Mumbai,**

**IINDIA Apr'2004–Aug'2004 as Pediatric Physiotherapist**

- Treated cases with varied pediatric conditions in the pediatric neurology department
- Performed detailed evaluation, formed plan of care, intervention, follow- up, re-evaluation, and home program
- Presented rare cases in conferences within rehab teams  
Actively involved in bedside teaching to master's students