



SOMAIYA
VIDYAVIHAR UNIVERSITY

K J Somaiya Institute of Dharma Studies



K J Somaiya Institute
of Dharma Studies

Explore India's Rich Heritage & Culture

- **Yogashastra**
- **Ancient Indian
History, Culture and
Archaeology**
- **Ancient Language &
Literature**
- **Religious Studies**

1st

Private
University
of Mumbai

UGC

Approved

40+

Majors, Minors,
Honours
Programmes

8

Decades
of Educational
Legacy

50

Acres of
Campus in
Mumbai

20

Sports
Courts

AICTE Grant Recognized by
Ministry of Education for Research &
Teacher Training in Indian Knowledge
Systems

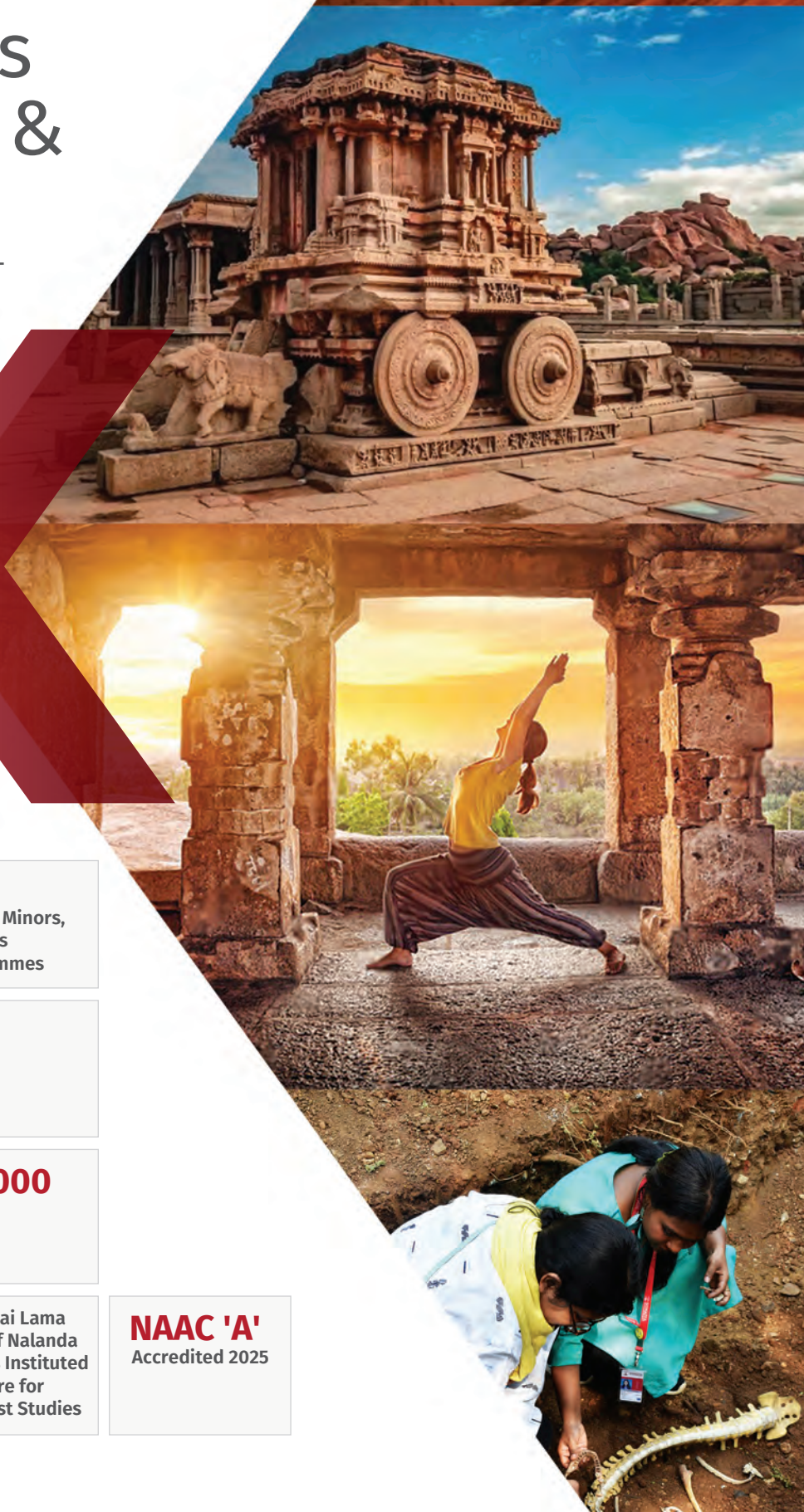
40,000
Alumni

1st

Institution to offer Certificate in
Tibetan Language, Masters and PhD
in Jainology and Prakrit

The Dalai Lama
Chair of Nalanda
Studies Instituted
at Centre for
Buddhist Studies

NAAC 'A'
Accredited 2025



Programme Structure



40 + Programmes
with Honours option in
Yogashastra, Ancient Indian History,
Culture & Archaeology, Language &
Literature, Religious Studies.



4 Institute Minors in Indian Heritage:
Art and Architecture, Yoga, and
Meditation Techniques, Narrative
Literature, Sanskrit Language.



20+ Multidisciplinary Minors from
Design, Management, Music,
Literature, Life Sciences, Sports,
Civilisation & Cultural Studies.



Vibrant and Happening Campus:
Immersive Campus Life
to develop life skills



**International Level Coaching
in 12 Sports.**



**Up to 100% Merit Scholarships &
Financial Aid:** ₹ 25 Cr corpus.



Inclusive Education with attention
to specially abled students.



The State-of-the-art Library
with over 30,000 books



Internship Offers in the field of
Yogashastra and Ancient Indian
History & Archaeology.



Interfaith Engagement: Promotes
Interfaith Dialogue for harmony,
inclusivity, and gender equality.



**Experience Distant Community
Engagement:** Outreach project,
Jetavan encourages spiritual
practice and physical wellness.



Foster Networking Opportunities:
Institutes create platforms by
hosting Conferences and events for
participants / students to connect
with scholars, peers, and industry
professionals, facilitating
collaboration and mentorship.



Educational Excursions: Heritage Tour
to Chaul, Jain Pilgrimage, Eminent
Yoga Institutes, Kaivalyadhama
Institute and many more.



Yogashastra

Our intensive programme delves into Yoga's philosophical, psychological, and physiological dimensions, enabling students to grasp its profound impact on ancient Indian traditions. Its Based on blended teaching method like linking tradition and Science.



Theory Topics Covered:

- Foundation of Yoga & Indian Philosophy
- History of Yoga
- Yoga and Human Consciousness
- Insight of Upanishads and Bhagvad Geeta
- Yoga Therapy & Applied Yoga Complementary, Alternative, Integrated Therapies and their application - Homeopathy, Ayurveda, and Naturopathy
- Ancient & Modern Practice of Yoga Education
- Yoga & Psychology, Human Physiology, Anatomy
- Classical Scriptures, Sanskrit Grammar & Communication Skills
- Yoga Texts, Samkhya Yoga Darshana, Hathapradipika
- Yoga Education & Sports Psychology
- Diet & Nutrition
- Injury Prevention

Practical Topics Covered:

- Classical Hathayoga
- Karma Yoga, Mantra Yoga & Prayer
- Hasta & Hatha Mudra
- Yogic Sukshma Vyayama
- Loosening Exercises
- Shatkarmas
- Suryanamaskar
- Yogasana (Standing Postures, Sitting Postures, Supine Postures, Prone Postures, Relaxation Postures)
- Pranayama
- Breathing Practices
- Bandhas and Mudras
- Practices leading to Meditation and Inner Healing
- Dharana, Relaxation & Mind Rehabilitation Tech
- Contemporary Yogic Practices like MSRT, QRT, IRT, Cyclic Meditation, Meditation and its Modalities, Vipassana & Jain Meditation techniques of Different School like Bihar School, Kaivalyadham & Yoga Mandiram



Religious Studies



Buddhist Studies

Our Buddhist Studies programme offers diverse courses in Literature, History, Philosophy, and Art, exploring Buddhism's transmission across Asia.

Topics Covered:

- Theravada Buddhist Philosophy
- Introduction to Vinaya Literature
- Archaeological Sources of Buddhist History
- Philosophical Debates in Buddhism
- Skill Development Course: Pali, Buddhist Sanskrit, Tibetan Language, and Prakrit Language
- Literary Sources for the Life of Buddha
- Introduction to Sutta Literature
- Critical Concepts in Religious Study
- Ethics and Eschatology



Hindu Studies

The Hindu Studies programme offers an interdisciplinary look at evolving traditions, reflecting its deep impact as a way of life in the Indian subcontinent and laying a strong research foundation. It gives thorough introduction to the dynamic nature of Hinduism with its multiple dimensions.

Topics Covered:

- Defining Hinduism
- Sources of Hinduism
- Sects of Hinduism
- Key Concepts in Hinduism
- Introduction to Sanskrit, Prakrit, Pali
- State, Wealth, and Kingship
- Spiritual Practices of Yoga
- Ancient Indian Temple Architecture

Religious Studies



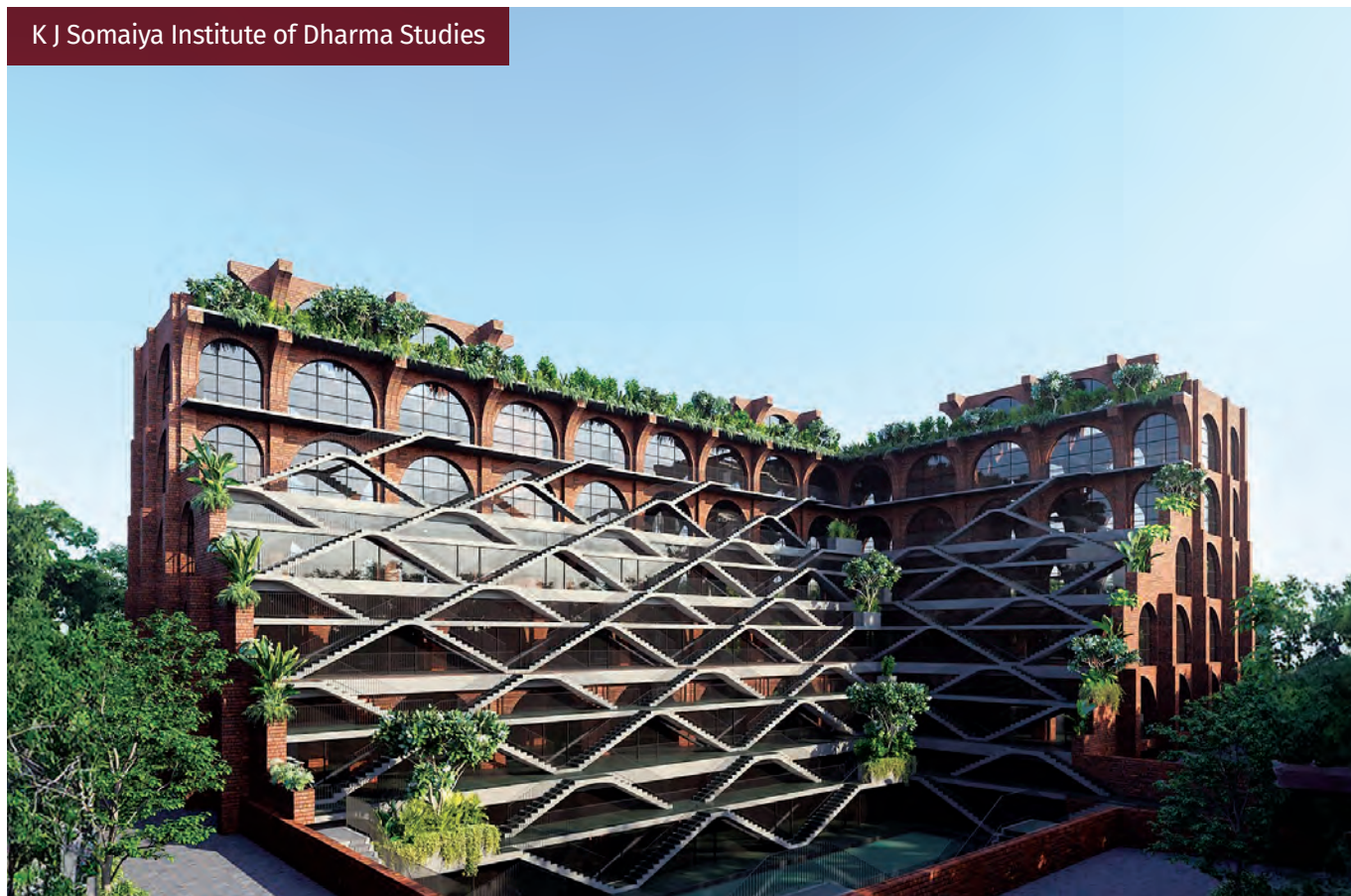
Jainism Studies

Jainism Studies introduces students to Digambara and Shwetambara sects, Jain philosophical tenets, and the contributions of notable Jainacharyas.

Topics Covered:

- Jain History and Culture
- Introduction to Jain Texts
- Jain Philosophy and Jainacharyas
- Causes for reforms that took place in the post-agamic period from 4th AD to 19th AD
- Maharashtri Language and Literature, Shauraseni
- Workshops and Study Tour to Jain Pilgrimage Centres
- Prakrit Language and its Development
- Ahimsa and Three Jewels
- Jain Epistemology
- Introduction to Magadhi Prakrit
- Jain Philosophy of Karma and Liberation

K J Somaiya Institute of Dharma Studies



Ancient Languages and Literature

Studying ancient languages offers insights into past social complexities and cultural exchanges. Courses include Sanskrit, Pali, Prakrit, and Tibetan.



Topics covered under Sanskrit:

- Introduction to the History of Sanskrit literature.
- Fundamental principles of Ashtadhyayi & Paninian Grammar.
- Introduction to the Philosophical Tenets of Selected schools.
- Specializations offered in Sahitya (Literature), Darshana (Indian Philosophy) or Vyakarana (Grammar).
- Sanskrit literature Exposure to the multiple branches of Knowledge as stored through Sanskrit text.

Topics covered under Pali:

- Understanding Indian Buddhist heritage.
- History of Pali Language and Literature, Grammar adding selections from the Tipitaka, Narrative and Post-canonical Literature.
- Buddhist concepts through a selection of essays in Pali.
- Workshops on Brahmi and Rock-cut Architecture, Manuscriptology and Meditation.

Topics covered under Prakrit:

- Maharashtri, Shauraseni, Magadhi and Ardhamagadhi Prakrits, Introducing Grammar from the well-known text, Hemchandra's Vyakarana.
- Prakrit Literature: Ancient Indian texts of various genres - Epics, Poems, Romantic and Narrative Literature, as well as Doctrinal and Philosophical treatises.
- Study tours at ancient heritage sites that are generally found in Prakrit.

Topics covered under Tibetan:

- Tibetan Grammar & Comprehension
- Introduction to Case Endings
- Introduction to Types of Tenses and Speaking and Reading practice
- Learning Tibetan Script
- Options: Classical Tibetan, Colloquial Tibetan



Ancient Indian History, Culture and Archaeology

The Ancient Indian History, Culture, and Archaeology programme develops analytical skills by exploring ancient Indian culture from Historical, Philosophical, and Anthropological angles.

Topics covered:

- Archaeology (Methodology / Material Culture)
- Trade and Religion
- Cultural History of India
- Ancient Indian Aesthetics (Rasa and Dhvani)
- Iconography
- Art History
- Fundamentals of Museums and Archives
- Exhibition Design
- Language Skill Development Programme: Pali, Sanskrit, Tibetan, and Paninian Grammar
- Historiography
- Workshops and Study tours to Heritage Chaul, Kanheri Caves, Ajanta-Ellora Caves, and Museums

Educational Excursion

Kaivalyadhama Yoga Institute: Uniting Yoga Tradition

Study tour to Kaivalyadhama Institute to gain insight into the historical and philosophical roots of Kaivalyadhama and to understand their contribution and work in the field of yoga.



Jain Pilgrimage (Gajpantha, Anjaneri, Panchavati, Deolali, and Pandavleni of Nasik District)

The study tour provided students with a rich understanding of Jain culture and heritage, offering insightful explorations of ancient temples and archaeological sites, making it a smooth, informative, and meaningful journey.

Heritage tour to Chaul

The historical journey through Chaul explored ancient temples, Portuguese churches, and colonial forts, showcasing its diverse heritage. Led by Mr. Prashant, the trip offered valuable insights and memorable experiences. Students gained a deeper understanding of Chaul's rich legacy.



Study tour to Pune Shaniwarwada & Zapurza Museum

Study tour to Zapurza Museum to explore fine arts, antiquities, and cinematic paraphernalia. The visit also included the Raja Dinkar Kelkar Museum for folk art studies and Shaniwar Wada to examine Maratha architecture.

Events

Jashn-E-Itihas K J Somaiya Institute of Dharma Studies of Dharma Fest

Jashn-E-Itihas is an annual festival by Somaiya Vidyavihar and K J Somaiya Institute, focused on 'Shakti' (strength / power) within cultural and historical contexts.



Poson Full Moon Poya Day

Poson Poya Day at Somaiya Vidyavihar University celebrated Arahat Mahinda Thero's legacy with sermons, devotional songs, lanterns, and Sri Lankan cultural performances.

Archaeological Excavation Activity on Campus



Career Opportunities



Yogashastra

- Yoga Research Officer
- Yoga Therapist
- Yoga Instructor
- Teacher in Higher Education
- Academic Officer in Yoga



Religious Studies

- Educator / Teacher
- Interfaith Co-ordinator
- Researcher / Analyst



Ancient Languages

- Academic Researcher / Professor
- Archivist or Museum Curator
- Translator or Linguist
- Cultural Heritage Preservation
- Tour Guide or Cultural Consultant
- Lexicographers



Ancient Indian History, Culture & Archaeology

- Historian / Archaeologist
- Museologist
- Archivist
- Numismatist
- Epigraphist
- Editors / Columnists at Publishing Houses
- Academic Researcher and Teacher

Student Achievements

AIU Yogasana Championship at KIIT University, Bhubaneswar in December, 2022.

- The Girls Team stood 11th out of 211 Universities.
- The Boys Team Stood 93rd out of 187 Universities.
- 1st Position in Mumbai City district Yoga Championship 2023 - Sameer Kulkarni Batch 2022-24.



MoU Collaborations



Round-table Conference in collaboration with Nursultan Nazarbayev Centre at Somaiya Vidyavihar, Mumbai

for the Development of Interfaith and Inter-civilisational Dialogue.

MoU with Godrej Archives was signed in December 2022

To collaborate on the Diploma in Archiving and Museology, providing students hands-on experience through internships.



MoU with Foundation for Universal Responsibility, New Delhi

The Dalai Lama Chair for Nalanda Studies established at KJSIDS fosters research in Buddhist response to contemporary issues and Tibetan art.

Dr Mariano Iturbe, Adjunct Professor

To foster collaboration with the University of Navarra, Private University in Pamplona, Spain organising seminars, editing books, and lecturing on Western Philosophy from 2020.



MoU collaboration with Heritage, Telangana Government, in February 2024

Led to an enriching study tour for the institute's students organised by the Department of Heritage, Telangana.

20+ Multidisciplinary Minors

Students enrich and widen their horizons by acquiring additional credits with multidisciplinary minors in Banking & Finance, Marketing, Languages, Industrial Psychology, Design, Management, Music, Literature, Life Sciences, Civilisation & Cultural Studies, Sports, and many others.



Upto 100% Merit Scholarships & Financial Aid – ₹ 25 cr corpus

Quality Education. Accessible & Affordable.

At Somaiya we are committed to offering a world-class education that is accessible and affordable to students from all walks of life.

- ₹ 25 Cr Corpus
- 500 Scholarships
- Upto 100% merit-based and need-based Scholarship
- 7 Scholarships
 - EWS Scholarship for candidates with a family income less than ₹ 8 lakh/yr
 - Girl Scholarship merit cum need-based scholarship for girl candidates
 - Sports Scholarship for National / International players
 - SVU need-based Scholarship
 - SVU Benevolent Scholarship
 - Industry Sponsored Scholarships
 - PUSH Scholarship crowd-funded by Employees, Students, and Alumni



Faculty Profile



Dr Kala Acharya
Emeritus Professor,
Ph.D (Sanskrit),
University of Mumbai



Prof Shrikant Shankar Bahulkar
1st Chair Professor of the
Dalai Lama Chair in Nalanda
Studies at KJSIDS,
Ph.D (Sanskrit),
University of Pune



Dr Pallavi Yogesh Jambhale
Director (I/c), HOD (I/c),
Centre of Buddhist Studies
& Associate Professor,
Ph.D (Ancient Indian History
Culture and Archaeology),
University of Mumbai



Dr Bhagyashree Pushkar Bavare
HOD, Bharatiya Sanskriti
Peetham & Associate Professor,
Ph.D (Sanskrit),
University of Mumbai



**Dr Shuddhatam Prakash
Ramkishan Jain**
HoD, Centre for Studies in
Jainism & Associate Professor,
Ph.D (Educational Philosophy),
Shri Lal Bahadur Shastri
Rashtriya Sanskrit University



Dr Monalisa Behera
Assistant Professor
Ph.D (Visual Studies, School
of Arts and Aesthetic),
Jawaharlal Nehru University
(JNU), Post Graduate Diploma
in Art History,
University of St Andrews,
Scotland, UK



Dr Venus Jain
Professor of Indian History,
Culture & Jainism,
Ph.D (System of Devadasis in
India) - Indian History, Institute
of Advanced Studies (CCSU),
Ph.D (History), Chaudhary
Charan Singh University



Dr Mariano Iturbe
Adjunct Professor of
Philosophy,
PhD in Philosophy,
Delhi University



Dr Brijesh Singh
Assistant Professor,
Ph.D (Yoga Education),
Dr Hari Singh Gour University,
Sagar, MP

Faculty Profile



Dr Umashankar Kaushik

Assistant Professor,
Ph.D (HathaYoga),
Sanchi University of
Buddhist-Indic Studies,
Raigarh, MP



Dr Arihant Kumar Jain

Assistant Professor
(recognized Ph.D Guide),
Ph.D (Jain Philosophy and
Prakrit Jain Agamas) from
Department of Philosophy,
University of Mumbai



**Dr Karuna Jagannath
Jadhav-Mohite**

Assistant Professor,
Ph.D | MPhil | MA (Pali)
University of Mumbai



Dr Reshma Govardhan Kamble

Assistant Professor,
Ph.D (Sanskrit),
University of Mumbai



Dr Shreekanth Suresh Jadhav

Adjunct Professor,
Ph.D (Archaeology),
University of Pune



Dr Rudraksha Vishwas Sakrikar

Adjunct Associate Professor
of Sanskrit,
Ph.D (Sanskrit),
University of Mumbai



Dr Balasaheb Wagh

Assistant Professor & Assistant
Controller of Examination (I/C)
(MA), MPhil (Sanskrit), Sanskrit
Vyakarana and Classical Indian
Languages, Literatures, and
Linguistics,
University of Mumbai



Mrs Prachi Yogesh Pathak

Assistant Professor,
MA (Sanskrit),
University of Mumbai



Mr Gautam More

Assistant Professor,
MA (Pali),
University of Mumbai

SVU Faculty Research Excellence

320 Research Scholars	130 PhD Guides
42 Sponsored Research Projects	₹10.53 cr Research Grants
66 Patents Filed	21 Copyrights
1449 Total Number of Research Papers	125 Total Number of Books / Chapters Published



Dr Abhishek Ghosh

Dean of Faculty, K J Somaiya Institute of Dharma Studies
MA & PhD in South Asian Languages and Civilisations,
University of Chicago
Master of Studies in Theology & Religious Studies,
Mansfield College, Oxford University

Interactive Classroom

