

WDC Activities organised in academic year 2021-22

K J Somaiya College of Engineering

Summary of the Events

Sr No	Title of the programme	Period (from-to)	Participants
1	Mental Health Awareness for Women (An Interactive Session) with Kavyal Seddani	January 21st 2022 6:30 pm – 7:30 pm	Open for all
2	Women's Day Celebration (Naari 2022) at Sakarben Auditorium, KJSCE.	March 17, 2022 3:00pm – 6:00 pm	Open for all- 400 participants

Event-1:

Committee/ Department Name: Women Development Cell	Academic Year: 2021-2022
Title of the Event	Mental Health Awareness
Type of the Event (Webinar/Seminar / Conference /FDP / Workshop /Training / Guest Lecture)	Online webinar
Level of Organization (Local/State National /International/ Intercollegiate /Intracollegiate)	Local
Collaborators if any	Students' Council KJSCE
Date of the event	21 Jan 2022
Time	6.30pm to 7.30pm
Venue	Online webinar Zoom platform
Name of the Resource Person \ Guest	Kavyal Seddani
Brief profile of the	The Chief Guest: Kavyal Seddani: is the founder and the chief

resource person	counsellor of Rise Above. She is a globally recognized hypnotherapist, psychotherapist, NLP practitioner, and corporate trainer with vast expertise in counseling and therapy. In the past 15 years, she has made a positive impact on countless children, individuals, and families, assisting them in achieving personal excellence. She recently finished a show called Yuva Udhyan Kaushal, series revolving around youth empowerment.
Objective of the Event	Spotlight on the mental health issues of women.
Report (Not more than 500 words)	<p>On January 21, 2022, this Mental Health Awareness Session for Women put spotlight on stigmatized topics such as mental health, body positivity, menstrual taboos, casual sexism and more, which highlighted our awareness in today's world.</p> <ul style="list-style-type: none"> • The program started with the reciting of Somaiya prayer, followed by a warm welcome by the convener of WDC , Mrs. Jyoti Varavadekar. • It was then followed by welcoming Kavyal Seddani, the Guest for the event. • We then asked Kavyal Seddani Ma'am questions relating to the topics of Women <p>Stereotypes, Body Positivity, Menstrual Health Taboos, Dealing with Casual Sexism and</p> <p>Harassment, Ways to improve Mental Health and how to inculcate it in Daily Life,</p> <p>Importance of Physical Fitness in improving Mental Fitness, etc.</p> <ul style="list-style-type: none"> • She answered all of these questions in detail and in a very interesting way. • After answering some of the questions from the audience, Mrs. Nandana Prabhu – Member, <p>WDC – KJSCE gave a vote of thanks to the guest and audience in the zoom meeting.</p> <ul style="list-style-type: none"> • We then announced the winner of the 'Quote It' Contest. • The session was concluded by the Ladies Representatives of KJSCE .
The number of beneficiaries	400
Expected Outcome	The participants got valuable insights in to the critical issues of women mental health.
Documents Attached	Flyer

A talk with

Kavyal Sedanni

*Founder and chief counsellor of Rise Above
Internationally renowned psychotherapist
Relationship expert in a radio channel 104.8 FM
Worked with a show on Doordarshan called "Yuva Udyam Kaushal"*

Zoom

21st January, 6:30pm

Mental Health Awareness for Women

Photos

(Two Geotagged)

1. Resource person engaging the session
2. Ongoing session



Name of the Principal: Prof. (Dr.) Shubha Pandit

Name of Co-Convenor: Ms. Deepali Phalak



Event-2:

Committee/ Department Name: Women Development Cell	Academic Year: 2021-2022
Title of the Event	NAARI 2022
Type of the Event (Webinar/Seminar / Conference /FDP / Workshop /Training / Guest Lecture)	Seminar
Level of Organization (Local/State National /International/ Intercollegiate /Intracollegiate)	Local
Collaborators if any	Students' Council KJSCE
Date of the event	17 March 2022
Time	3.00 to 6.00pm
Venue	KJSCE Auditorium
Name of the Resource Person \ Guest	Mrs Meghana Sane
Brief profile of the resource person	The Chief guest, Mrs Meghana Sane presented and spoke about the various women in history who have defied odds and excelled in their fields. Mrs Meghana has played several roles in professional theatre for over 5 years and performed over 300 plays of the self-written monologue 'Kovali Unhe'.
Objective of the Event	To honor the strength of women professionals.
Report (Not more than 500 words)	Naari is an annual event of the K.J.Somaiya College of Engineering that aims to encourage, empower and enable women for their achievements in all spheres with awards, recognition and powerful storytelling through performances. Naari 2022 was conducted successfully on the 17th of March from 3-6pm at the KJSCE auditorium with a total of over 200 students and teachers in attendance.

	<p>The event was hosted by Ms. Anisha Gautam, Ms. Manori Sangani, Ms. Pooja Kaulgud and Ms. Neeti Shah; the current and ex- Ladies Representatives of the Students’ Council of the college.</p> <p>The event kicked off with the lighting of the lamp and a welcome speech by the convener of the Women Development Cell, Miss Jyoti Varavadekar. This was followed by a speech by the Vice Principal, Dr Amey Naik.</p> <p>Octavium, the college’s music band had the audience dancing to their tunes as they delivered the first performance of the day.</p> <p>The Chief guest, Mrs Meghana Sane presented and spoke about the various women in history who have defied odds and excelled in their fields. Mrs Meghana has played several roles in professional theatre for over 5 years and performed over 300 plays of the self-written monologue 'Kovali Unhe'.</p> <p>After her insightful speech, the Marathi theatre drama team, Yugandhar, performed an excellent play that highlighted the role that peer support and encouragement have in a young girl’s journey of self- discovery.</p> <p>The Miss Naari competition, a first of its kind here at KJSCE, celebrates the achievements of girls by giving them a platform to showcase their talents. The four finalists competed in the final rapid fire round followed by solo performances too!</p> <p>Palinoia and Rhapsody; the classical dance and drama teams, wowed the audience with their stellar performances.</p> <p>The event was concluded with speeches by the hosts.</p>
The number of beneficiaries	400
Expected Outcome	<p>The ‘Miss Naari 2022’, Ms. Fenny Keniya, was crowned and appreciated by all for her fabulous performance throughout the competition.</p> <p>Ms. Disha Shah, a third-year computer science student at KJSCE, was felicitated for her outstanding achievements at Naari! Miss Disha runs a bootstrapped revenue-generating company named Analytica, which is registered under the government of India. Her paper was also accepted in a peer-reviewed ISBN book.</p>
Documents Attached	Flyer

SOMAIYA VIDYAVIHAR UNIVERSITY
K.J. Somaiya College of Engineering
Somaiya Trust
T. R. U. S. T.

Naari 2022

MEGHANA SANE
Publisher of 12 books
300+ plays of self written monologue "Kovali Unhe"
President of konkan marathi sahitya parishad
Worked at 'Eprasaran Internet Radio and Television'

Performances by Pallinoia, Octavium, Yughandhar,
Rhapsody and solo performers followed by a
Felicitation Ceremony

Date: 17th March 2022
Time: 3:00pm

Photos
(Two Geotagged)

- 0. Resource person engaging the session
- 0. Ongoing session



Speech by Meghana Sane (Chief Guest)



Felicitating the MS. NAARI 2022 and the Chief Guest with hampers

Name of the Principal: Prof. (Dr.) Shubha Pandit

Name of Co-Convenor: Ms. Jyoti Varavadekar

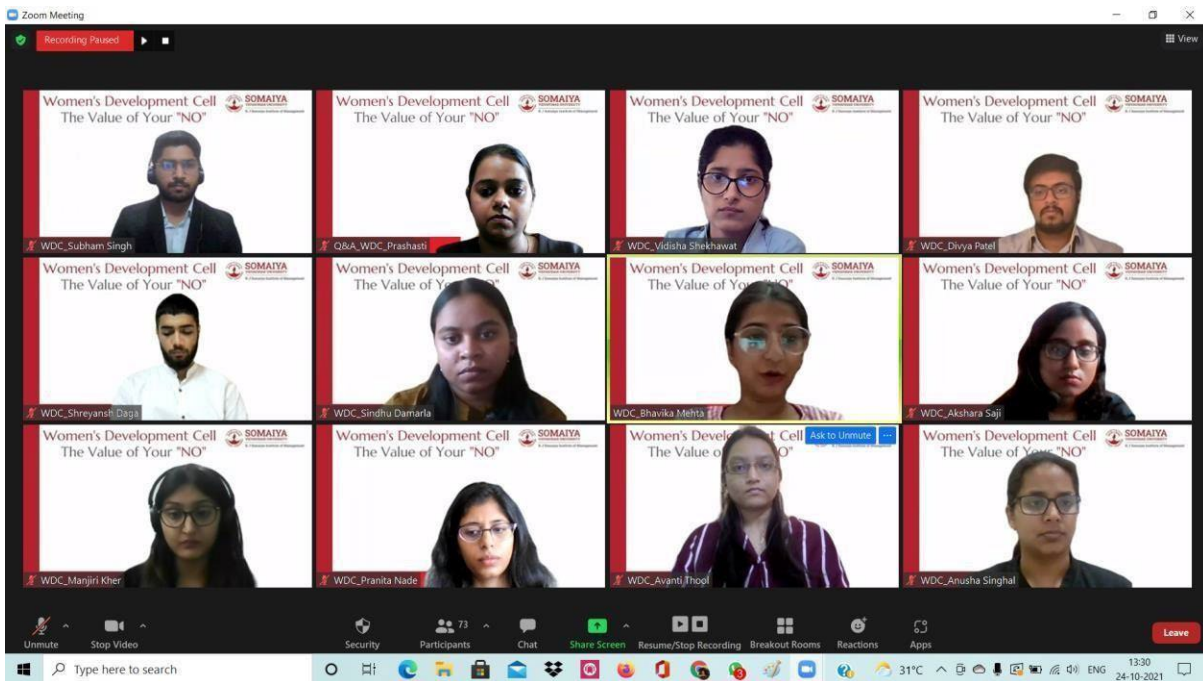
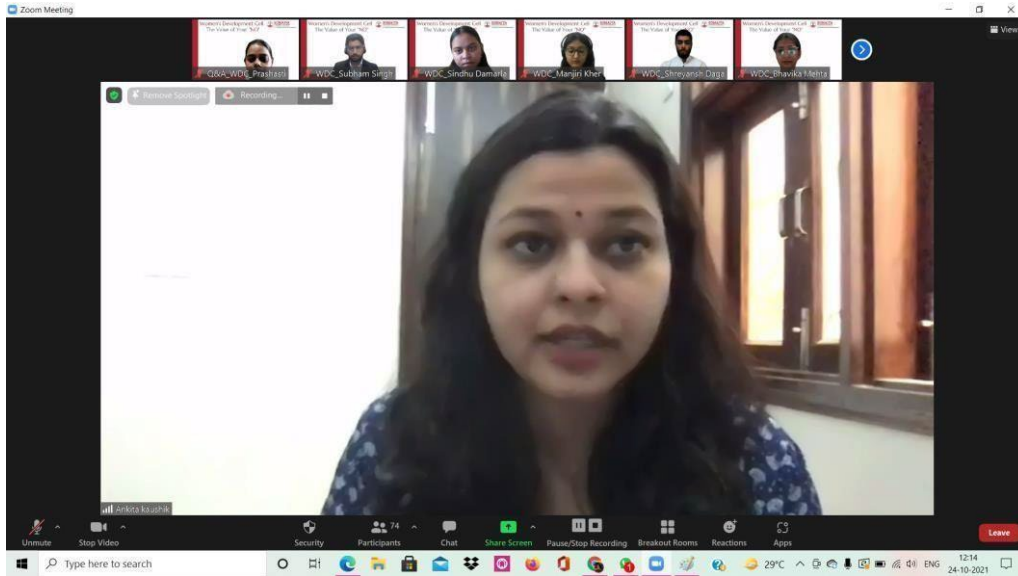
K J Somaiya Institute of Management

1. The Value of Your "NO" (24th October 2021)

WDC conducted a successful event to spread awareness about the importance of consent. Ms. Ankita Kaushik, Assistant Professor at SVU DU, Department of English, was invited as the keynote speaker. She is associated with the National Commission for Women and the Ministry of Women and Child Development. Her experience gave the audience insights into the consent and the lack of awareness about women's fundamental rights in urban and rural areas. After the guest lecture session, we opened the floor to the audience for an open discussion. The participants got an opportunity to share incidents from their lives and personal accounts about harassment and consent which they had faced. The session concluded with WDC's collaboration with Mauj Club. The performances by Vinsa Saban and Priyanka Pal from Mauj touched the strings of everyone present.

2. Kalamkaar (17th November, 2021)

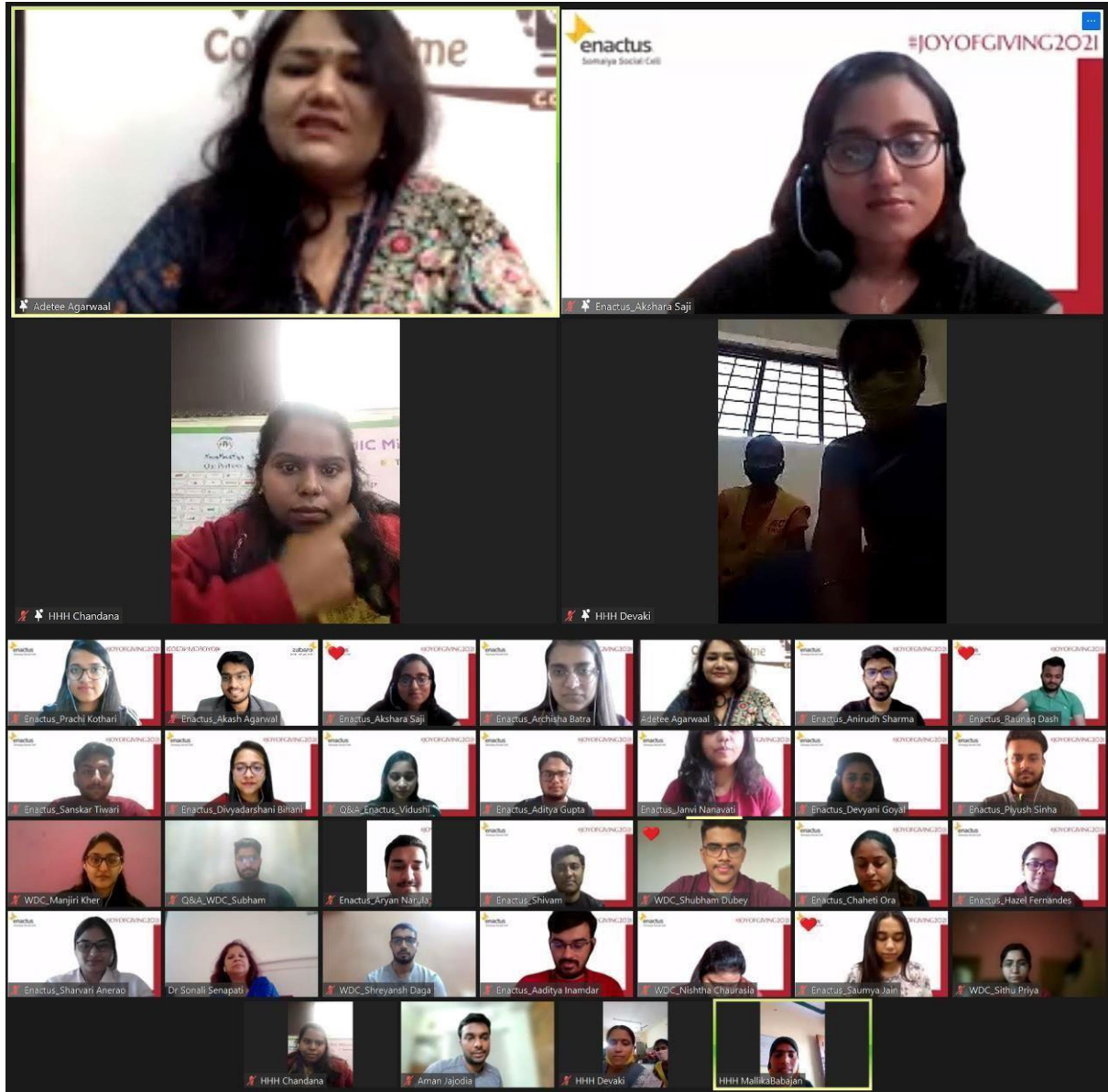
WDC organized its annual theme-based content writing competition, Kalamkaar, in November 2021. Registrations and submissions were accepted from 1st November to 10th, and the results were declared on 17th November 2021. Ms. Anuja Bor and Ms. Shruti Jain were the esteemed judges for the event. Ms. Bor is an Engagement Manager at work and a poet/storyteller at other places. She owns an open mic poetry club that goes by the name "The Gusto Tales." She has actively highlighted women-centric issues through her performances over the years. Ms. Jain, a postgraduate in History from Delhi University, is currently working as an editorial associate with the Indian History Collective. Kalamkaar was a platform for students to express their creativity freely and showcase their talent, along with an opportunity to win prizes. Ishan Anshul, a student of IIM Indore, and Mahak Sonkar, from KJ Somaiya Institute of Management, Mumbai; won First Prizes in Article and Poem Writing, respectively.



3. Aashayein (3rd December 2021)

WDC collaborated with Enactus Social Cell for their three-day event, "Joy of Giving," where Enactus spreads happiness and appreciates the efforts of NGOs they collaborate with. In Aashayein, we interviewed Ms. Adetee Agrawal, founder of PinkAprons, for the workers in Head Held High foundation centers. We traced Adetee's entrepreneurial journey, the struggles, the wins, and some wholesome

moments while building PinkAprons and motivated the women in Head Held High to pursue their passion and aspirations. It was an insightful discussion on women in workplaces and the immense potential they can bring to the table.



4. Manasvini 2021-22

The flagship event of WDC, Manasvini, is centered around the UN's International Women's Day 2022 theme - Women in leadership: Achieving an equal future in a COVID-19 world. It will be conducted in the second week of March around International Women's Day, celebrated on 8th March.

Like every year, Manasvini brings you many events ranging from case study competitions, guest lectures, cultural events, and more.

Manasvini provides a safe space for students, faculty, and speakers to actively engage in discussions and competitions, create awareness about women's issues, and develop creative and innovative solutions.

DigiPalette

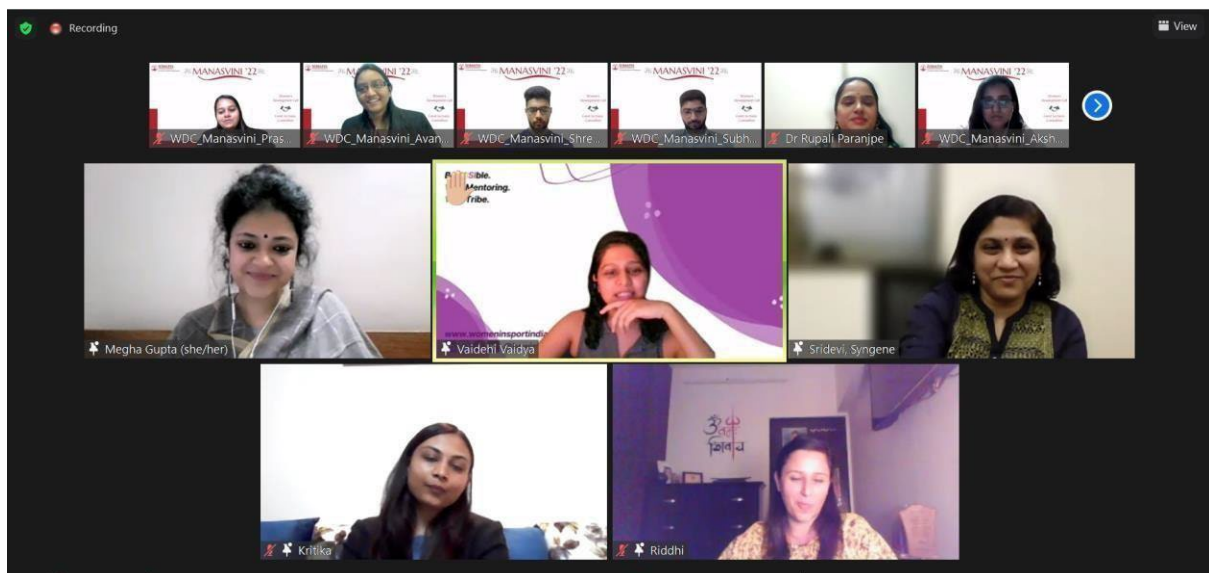
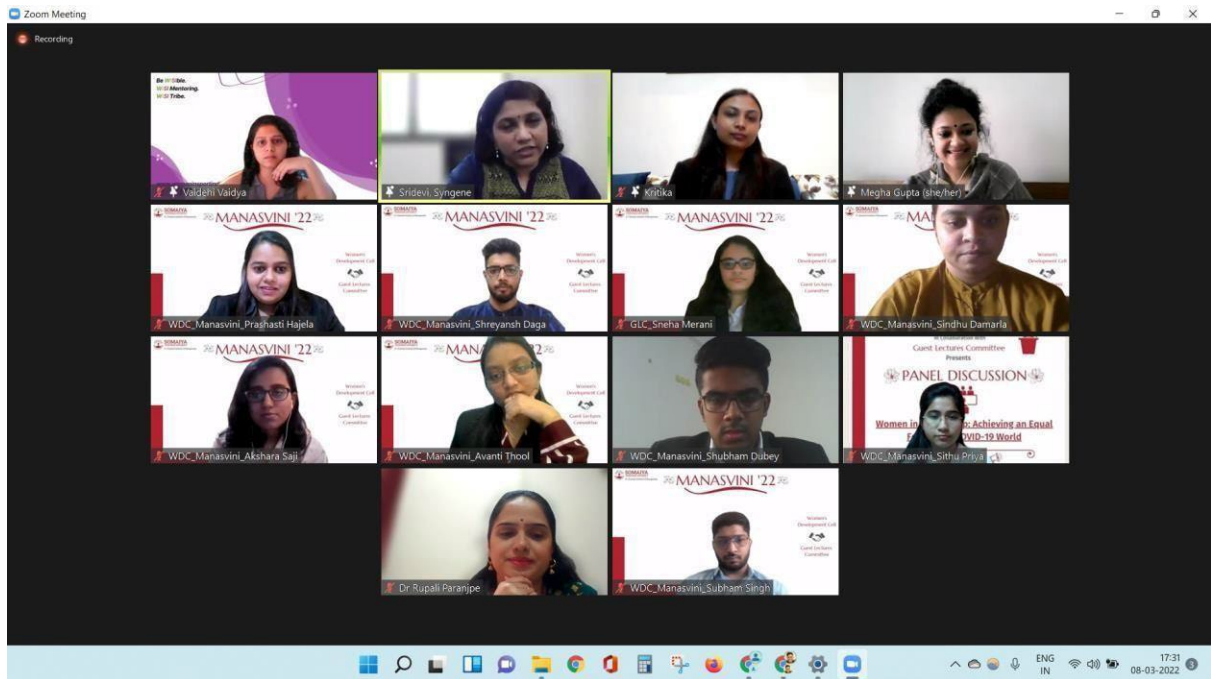
DigiPalette is a digital poster-making competition aimed to spread awareness about challenges faced by women and women empowerment through art and creativity. Registrations and submissions were accepted from 14th February until 4th March, with the results being announced on 9th March. The purpose of the event was to offer people the opportunity to showcase their talent and creativity, essentially showing us their mental palettes. Participants were required to pick one of the four themes (A women-driven world, God is a woman, Women and their struggle during COVID-19, Challenges faced by women in leadership) and make a digital poster and a write-up expressing their interpretation of the theme. Ginni Gupta of KJ Somaiya Institute of Management won first place, with Sumit Jumde of KJ Somaiya Institute of Management and Dharani of Alagappa University coming in second and third, respectively.

b. Panel Discussion

Manasvini 22, the flagship event of K J Somaiya Institute of Management to celebrate International Women's Day, started with the panel discussion on 8th March 2022 on the theme "Women in leadership: Achieving an equal future in a COVID-19 world".

The event was organized by the successful collaboration with the Guest Lecture Committee. The 2- hour panel discussion involved four distinguished women leaders and experts from different spheres in career spaces like pharmaceuticals, sports, digital marketing, and sustainable development as panelists: Dr. Sridevi Khambampathy(Vice President of Biopharmaceutical Development at Syngene International Ltd), Ms. Kritika Chauhan(the founder, and CEO of Sustabli), Ms. Vaidehi Vaidya (Founder and Managing Director of Women in Sports India), Ms. Riddhi Adlakha,(Digital Marketing Head of Tata

Consulting Services) along with moderator Dr. Megha Gupta, Assistant Professor of Human Resource Management at KJSIM. These women discussed how women leaders face specific challenges in their daily lives. The panel also shed light on how the female leaders and the organization reshape themselves to resolve these issues.



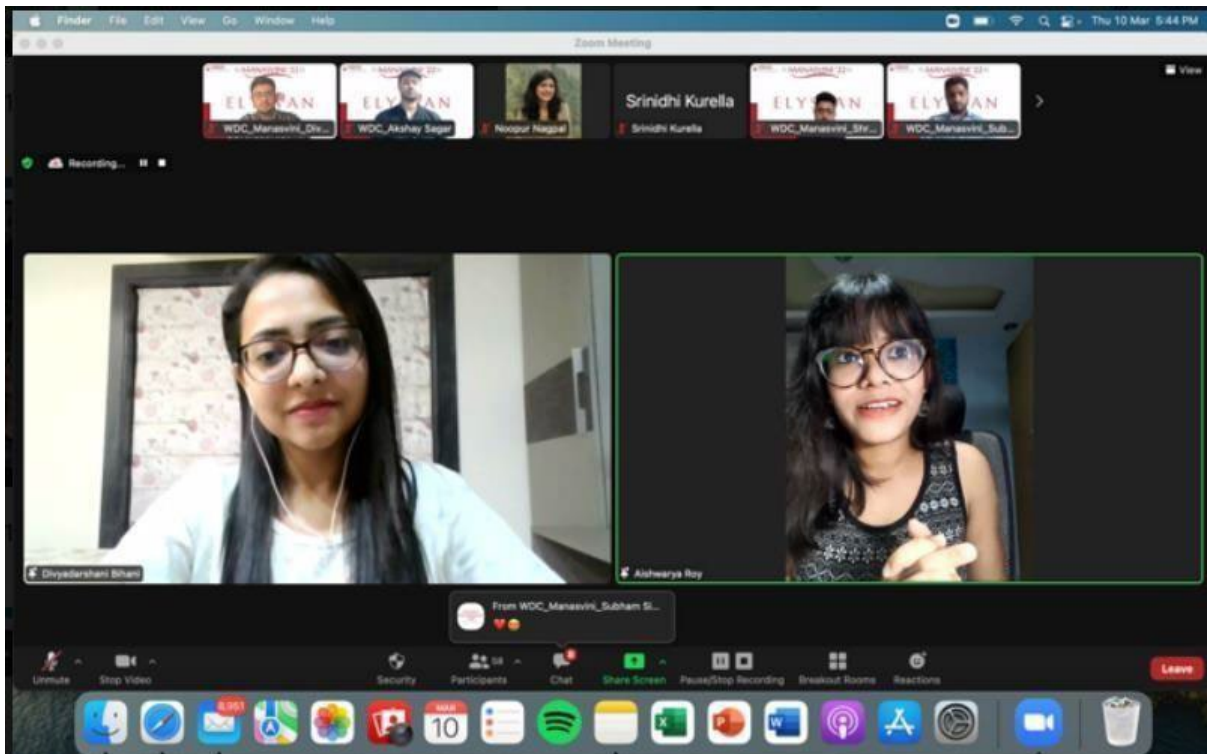
c. Elysian

Storytelling and Poetry are just some of the many ways of taking someone on a journey with you and one of the most effective ways to merge meaning with

emotions. In contrast, slam poetry becomes a platform for you to bring out the inexplicable memories in the most beautiful way. WDC created elysian to create a safe space for young artists to showcase their storytelling and talk freely about anything and everything. This year's theme was "Superwoman," Honouring the strength of women.

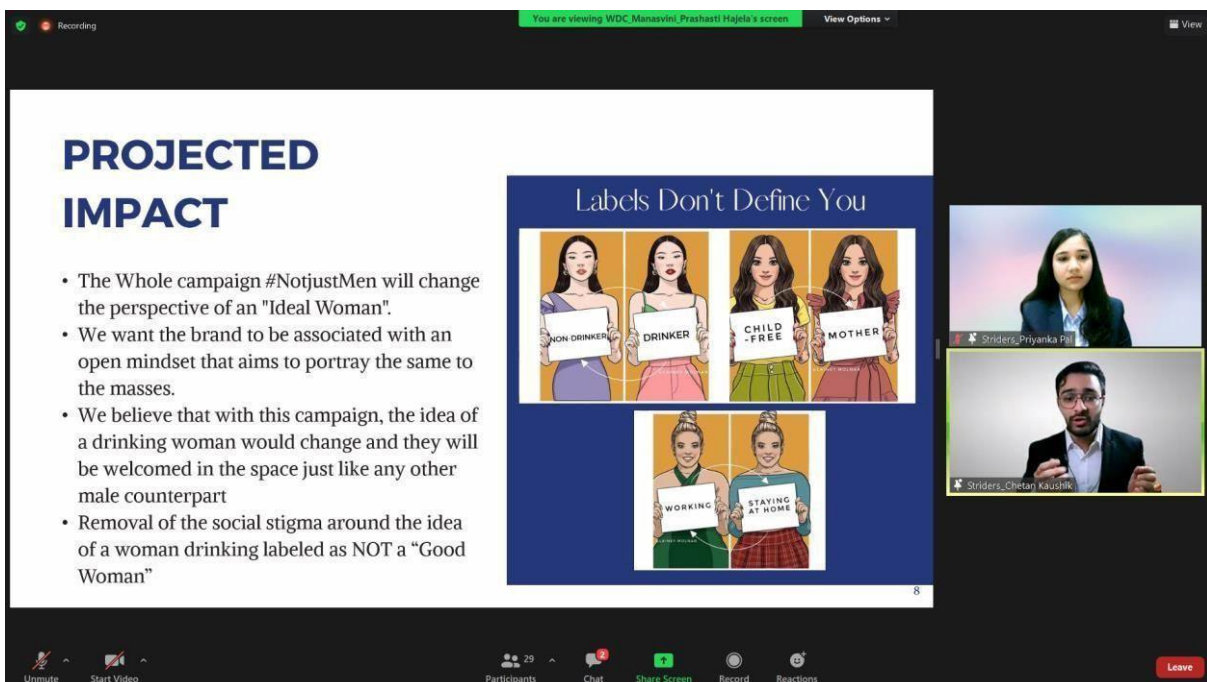
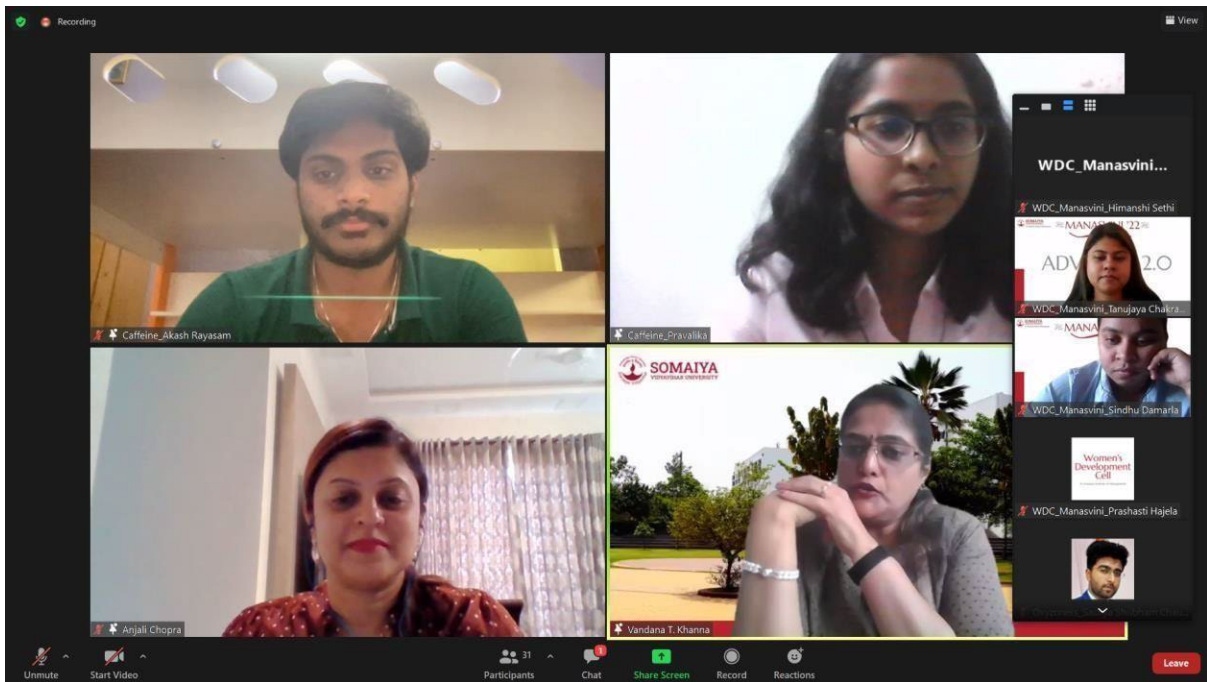
Our judge for the event was Miss Aishwarya Roy. She is an internationally published writer, the 21st Century Emily Dickinson Award winner, TPW's 30 under 30 Young Aspiring Poets, and the winner of the International English Olympiad 2017. She is among the Top 12 Writers in India [Verse of Silence] and a select writer and curator of various esteemed literary societies.





d. Advision 2.0

Advison 2.0, the case study competition, was one of the several events WDC organized under Manasvini 2022. The competition was listed on the D2C platform, whereby we invited registrations from all the graduate and postgraduate students. The competition received a good number of entries from colleges all across the country. The competition included two rounds, the first being the solution submission round - whereby teams had to submit their solution to the case released by WDC on the D2C platform.



The shortlisted teams were then invited to the second round, where they had to present their solutions live to the judges. Our alumni -, Nikhil Karadge and Pranay Agarwal, judged the first round, and the second round was judged by our faculty members, Dr. Anjali Chopra and Dr. Vandana Tandon Khanna. First-round was conducted from 20th February to 27th





February on D2C, and the second round was hosted live over a zoom meet on 8th March from 3 pm to 5 pm.

S K Somaiya College

Summary of the Events

Sr. No	Name of the Event	Date of the Event
1.	Women's Rights	18th September 2021
2.	Gender Sensitization Webinar	31st January 2022
3.	Webinar on Menstruation Health and COVID Related Changes.	26th February 2022
4.	Seminar on 'The Leads-Hers of Tomorrow'	08th March 2022

Committee/ Department Name WOMEN DEVELOPMENT CELL	Academic Year 2021-22
Title of the Event	WOMEN'S RIGHTS
Type of the Event (Webinar/Seminar / Conference /FDP / Workshop /Training / Guest Lecture)	AN INFORMATIVE TALK
Level of Organization (Local/State National /International/ Intercollegiate /Intracollegiate)	LOCAL
Date of the event	18 TH September 2021
Time	2:00 PM TO 3:00 PM
Venue	ONLINE ZOOM
Name of the Resource Person \ Guest	ADVOCATE KRUPA JOSHI
Brief profile of the resource person	Practicing lawyer and lecturer at KJSSC AND SKSC
Objective of the Event	To inform students about women's rights

Report	This program was an informative session for students to know about the women’s rights
Number of beneficiaries	Students UG: 33 Teaching: 5
Expected Outcome	Students got the knowledge about various rights of women
Documents Attached	<p>i) Flyer</p> <div style="text-align: center;">    </div> <div style="border: 1px solid black; padding: 10px; margin: 10px auto; width: 80%;"> <p>Webinar on “Women Rights” Organized by Women Development Cell S K Somaiya College, Somaiya Vidyavihar University</p> <div style="display: flex; justify-content: space-between; align-items: center;">  <div style="text-align: right;"> <p>Date Saturday, 18/9/2021</p> <p>Time 2:00 pm to 3:00pm</p> </div> </div> <p>Facilitator: Adv Krupa Joshi (B.Com. , LL.B. , LL.M.)</p> <p>Click Here to join Webinar</p> <div style="display: flex; justify-content: space-between; margin-top: 20px;"> <div style="text-align: center;"> <p>Convener Dr Bharati Makhijani</p> </div> <div style="text-align: center;"> <p>Director CA Monica Lodha</p> </div> </div> </div> <p>ii) Thank you and Invitation Letters of Resource Person</p>



SKSC/2021-22/76/368

Date : 16/09/2021

To
Adv. Krupa G. Joshi
Practicing Lawyer

Sub. Invitation as a Guest Speaker.

Dear Madam,

Somaiya Vidyavihar is committed to the cause of Education, Community Service, Indian Culture and Research. Somaiya Vidyavihar University is the first private university in Mumbai vide the Maharashtra Self-Financed Universities (Establishment and Regulation) Act 2013. We have a dream to build and support a world class institution, one that is proudly Indian, and excels in education, research and service. Somaiya Vidyavihar University will be a place where knowledge is preserved, disseminated, and new knowledge is created. It will be global in the reach of its ideas and universal in its service. In this view S K Somaiya College, a constituent college under Somaiya Vidyavihar University commenced from the academic year 2020-21.

It gives me great pleasure to invite you as the Guest Speaker for a webinar "**Rights of Women, Informative and Interactive Talk : Raise Your Voice, Learn Women Rights**" on Saturday, 18th September, 2021 at 2:00 PM to 3:00 PM organized by the Women Development Cell of S K Somaiya College under Somaiya Vidyavihar University on online zoom meeting platform.

I am sure your knowledge and experience will enrich and add a lot to the growth of the students and faculties.

Thanking you,

Yours Sincerely

Director

S K Somaiya College
Aurobindo Building, Vidyavihar (E), Mumbai - 400 077, India
P: (91-22) 67169687
E: director.sksc@somaiya.edu | W: sksc.somaiya.edu

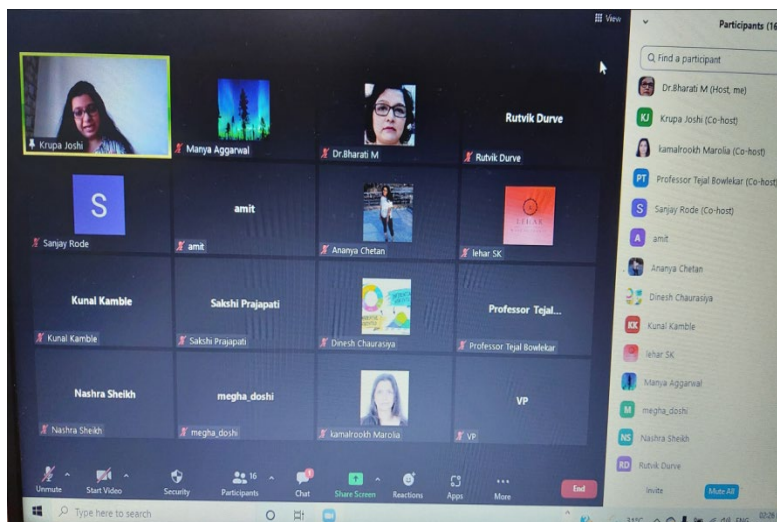
Event Report

Photos



(Two Geotagged)

1. Resource person engaging the session
2. Ongoing session

*In case of multiple sessions attach





daywise/ session wise photos	
Name & Signature of Convenor/Head of the Department – Dr. Bharati Makhijani 	

Committee/ Department Name WOMEN DEVELOPMENT CELL	Academic Year 2021-22
Title of the Event	GENDER SENSITIZATION
Type of the Event (Webinar/Seminar / Conference /FDP / Workshop /Training / Guest Lecture)	Webinar
Level of Organization (Local/State National /International/ Intercollegiate /Intracollegiate)	Intercollegiate
Collaborators if any	Bhartiya Stri Shakti
Date of the event	31st January 2022
Time	2-3 pm
Venue	Online
Name of the Resource Person \ Guest	Mrs. Nutan Warekar Mrs. Ranjana Karur



Webinar on Gender Sensitization
Organized by Women Development Cell of SKSC
&
Bhartiya Stree Shakti B.S.S.

About the Webinar -

It is said that 20th century is known for clash between capitalists and wage earners, 21st century witnesses clash of genders – mainly men and women. Everything starts with gender bias and understanding the importance to remove it.

This webinar imparts knowledge about- Increasing awareness about gender equality. Due to some reasons such as historic, social and economic for gender bias. Legal implications of gender bias, Gender sensitivity through gender sensitization. This webinar is organized by Women Development Cell of S K Somaiya College under Somaiya Vidya Vihar University.

Speakers:



Mrs. Nutan Warkerkar.
Worked as counselor and coordinator at "social service league panel" for seven years. Working honorary with Bhartiya Stree Shakti NGO



Mrs. Ranjana Karoor.
Presently working as volunteer with Bhartiya Stree Shakti



CA Monica Lodha.
Director SK Somaiya College

Date - 31st JANUARY 2022

Time - 2.00 pm to 3.00

[Click Here To Join](#)

Dr. Bharti Makhijani.
Convener women Development cell

Photos

(Two Geotagged)

1. Resource person engaging the session
2. Ongoing session

*In case of multiple sessions attach daywise/ sessionwise photos





Close	Participants (30)
	54 Vaishnavi
	Bhavika
	Dr. Sharon Ajay Mathew
	febin john
	Gayatri Indrakanti
	Kazim Syed
	Madiha Khan
	Mayuri shah
	Sekar Nadar
	SPARSHA KARKERA
	Swati Maurya
	BHAVANA PATIL
	NiCoG Ulhasnagar

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III O <

Name & Signature of Convenor/Head of the Department Dr. Bharati M.

Name & Signature of Co-Convenor- Tejal Bowlekar for

Title of the Event	Menstruation Health and Covid Related changes
Type of the Event (Webinar/Seminar / Conference /FDP / Workshop /Training / Guest Lecture)	Webinar
Level of Organization (Local/State National /International/ Intercollegiate /Intracollegiate)	Local
Date of the event	26 th February, 2022
Time	2:00 pm to 3:00 pm
Venue	
Name of the Resource Person \ Guest	Deane De Menezes
Brief profile of the resource person	Founder of Red in the New Green Won Queen's Young Leader Award in 2018 Featured in Forbes Asia30 for 2019
Objective of the Event	To make awareness about menstrual disorder
Report (Not more than 500 words)	Deane took the session on Menstruation Health and Covid Related changes. She addressed the issues regarding stigma related to periods in girls. She also explains how one can come out from such stigma. Menstruation awareness is something of a recent phenomenon on a national stage. While women have been working to make hygiene products accessible and erase stigmas for a long time, only recently has it been making public waves. Menstruation awareness emphasizes making hygiene products available to those who need them, but it has other facets as well.
Number of beneficiaries	Students UG: Students PG:43 Teaching:10
Expected Outcome	Students will be able to come out from periods related stigmas.



Documents Attached	<p>i) Flyer copy</p> <p>The flyer includes the Somaiya Vidyalaya University logo, the title 'Webinar on 'Menstruation Health and COVID Related Changes'', and the organizer 'Organized by Women Development Cell of SKSC'. It lists highlights such as awareness about menstrual disorders and hygiene, and the effect of COVID on health. The speaker is Deane De Menezes, founder of Red is the New Green (RING Sustainable Development Foundation). The date is 26 February 2022, from 2:00 pm to 3:00 pm. A link to join is provided. Convener: Dr. Bharati Makhijani, Director: CA Monica Lodha.</p>
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<p>Photos (Two Geotagged)</p> <ol style="list-style-type: none"> Resource person engaging the session Ongoing session <p>*In case of multiple sessions attach daywise/ sessionwise photos</p>	<p>A screenshot of a gallery showing 15 geotagged photos of participants. Each photo has a small red icon in the top right corner. The names listed are: 54 Vaishnavi, Bhavika, Dr. Sharon Ajay Mathew, febin john, Gayatri Indrakanti, Kazim Syed, Madiha Khan, Mayuri shah, Sekar Nadar, SPARSHA KARKERA, Swati Maurya, BHAVANA PATIL, and NiCoG Ulhasnagar.</p>
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Name and Signature of Faculty/Staff preparing the report *[Signature]*

Name & Signature of Convener/Head of the Department *[Signature]*

Name & Signature of Co-Convener *[Signature]*



Title of the Event	'The Leads-Hers of Tomorrow'
Type of the Event (Webinar/Seminar / Conference /FDP / Workshop /Training / Guest Lecture)	Seminar
Level of Organization (Local/State National /International/ Intercollegiate /Intracollegiate)	Intercollegiate
Collaborators if any	IQAC
Date of the event	8TH March 2022
Time	11.00 am TO 12.00 pm
Venue	Room No 602, S K Somaiya college
Name of the Resource Person \ Guest	Dr. Shruti Kamath
Brief profile of the resource person	Dr. Shruti Kamath, is a Homoeopath and Arts Based Therapist. After completing her Bachelor of Homoeopathic Medicine and Surgery (B.H.M.S) in 2011 from Chandaben Mohanbhai Patel Homoeopathic Medical College (CMP) in Mumbai, she was under tutelage of many senior

	Homoeopaths, some of them, Homoeopathic Psychiatrists for her formative years of practice. She also is a certified Arts Based Therapist from World Centre for Creative Learning Foundation, Pune (2011). Apart from the 8 years of experience in the field of Wellness and Therapy, her compassionate and patient approach towards another's wellness is her unique quality.
Objective of the Event	To give encouragement to students to face personal and professional difficulties in life and be strong. To make girl students to realise their importance and always be active in facing life challenges. To motivate the women for developing the will power.
Report (Not more than 500 words)	The significance of mental health stressed upon in the seminar on.'The Leads-Hers of Tomorrow'. Speaker told dark secrets of her life and how she overcame all the problems eventually and became a successful entrepreneur which inspired many students to talk about fear and suffering in their life. Dr. Shruti further added a few tips on how to maintain mental fitness. A question answer session was organized at the end of her talk to enable the participants to clarify their doubts.
Number of beneficiaries	Students UG: 82 Students PG:4 Teaching: 11
Expected Outcome	Girls who attended this program felt very much confident after getting the motivation from the speaker. Some girl students also expressed what they want to become in their life and even they expressed the challenges they are facing at their family level.
Documents Attached	i) Flyer copy-



IQAC & Women Development Cell
Organize a Seminar on the topic

'The Lead-Hers of Tomorrow'



Dr. Shruti Kamat
(B. H. M. S.)

Speaker:

- Founder of "ASK" - a digital clinic which provides holistic healthcare
- Certified arts based therapist for world centre for creative learning foundation, Pune

Date - 8 March 2022

Time - 11.00 am to 12.00pm

Venue-Classroom No 602, Aurobindo building

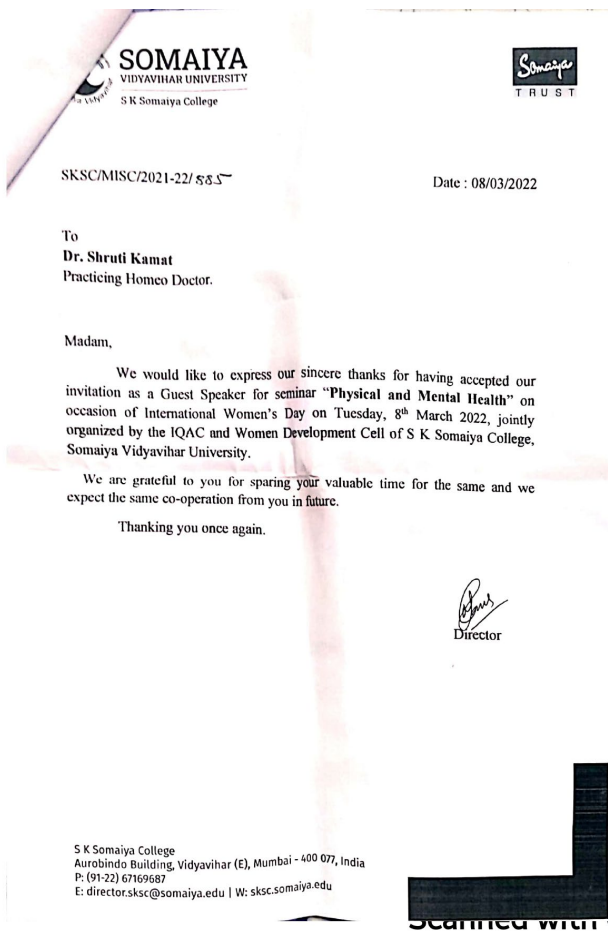
Join us to get the tips for physical & Mental fitness for women.

Dr. Seema Sambrani.
IQAC Convener

Dr. Bharati Makhijani.
WDC Convener

CA Monica Lodha.
Director

ii) Thank you and Invitation letters of Resource person-



Photos	
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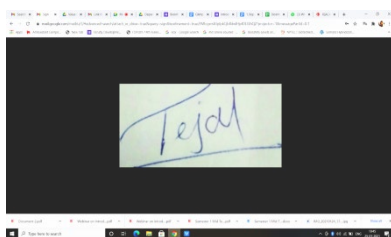
(Two Geotagged)

1. Resource person engaging the session
2. Ongoing session



*In case of multiple sessions attach daywise/ session wise photos

Name and Signature of Faculty/Staff preparing the report Tejal Bowlekar



Name & Signature of Convenor Dr. Bharati Makhijani.
14th March -22



K J Somaiya College of Education
Summary of the events

Year	Date	Topic	Resource person
21-22	08-12-2021	PCOD – Causes, Symptoms & Cure	Dr.Lekshmy Rana ,MD Obstetrician-gynecologist
	27-06-2021	How Do I Look After My Mental Health If I Can't Afford Therapy?	Ms Pooja Barve ,Practicing counselor
	23-08-2021	JAAGO RE!! (Launch Event of Internal Complaint Committee)	Trupti Sheth Aashna Trust
	31-01-2022	Women & Mental health during pandemic Covid-19	Arati Kedia - Mental Health Consultant
	11-03-2022	Majlis Law - Legal Aid Camp	Adv Mallika Verma ,Majlis ,NGO

Event no 1:

Organizing Committee: Women Development Cell - K J Somaiya College of Education	Academic year: 2021-2022
Teacher In Charge	Miss Usha Sharma
Title of the event	Majlis Law - Legal Aid Camp
Type of Event	seminar
Expected outcome	To create awareness about the legal rights of women. To provide legal aid services to the students in need.
Level of	Intra-collegiate



organization: (Local/ State/ National/ International/ Intercollegiate/ Intra-collegiate)	
Date of the event	11-03-2022
Time	12:00 pm to 01:30 pm
Venue	K J Somaiya College of Education - Room No. 609
Objectives of the event	To create awareness about the legal rights of women. To provide legal aid services to the students in need.
Event schedule	12:00p.m - Welcome & introduction by Shifa Sharif - WDC Secretary 12:05p.m - Discussion by Advocate Mallika Verma 1:10p.m - Question Answer Round 1:25p.m - Vote of thanks by Shifa Sharif - WDC Secretary
Resource person	Adv Mallika Verma ,Majlis ,NGO
Short profile of Resource person	Mallika has been working with Majlis to provide socio-legal support to victims of sexual abuse as a program director .Earlier to this she has been a student at Azim premji university where she completed her LLM Development. She focuses on helping women across class and community access justice by creating a culture of rights.
Report	Women Development Cell of K J Somaiya College of Education organized a session Legal Aid Camp in collaboration with Majlis Law Organization on 11.03.2022 by Advocate Mallika Verma. The session was held between 12.00 p.m to 01:30 p.m at our classroom. All the first year & second year B.Ed students were present to attend the session. Miss Shifa Sharif started the session by welcoming the guest speaker and the participants and went on to introduce the speaker. The speaker Mallika Verma thanked Miss Shifa Sharif for the formal introduction and proceeded to start the session. Mallika requested all the participants to interact throughout the session. She had a presentation that had all the statistical data and mentioned



the legal rights of women. Apart from that Mallika kept asking questions in between and made sure that the session was interactive. She shared a lot of case references and once she was done explaining we started with a question answer round and the girls asked a lot of questions and Adv. Mallika answered all the queries. After the question answer round WDC secretary Shifa Sharif thanked everyone and Adv. Mallika for the session and the session came to an end.

Glimpses of Event



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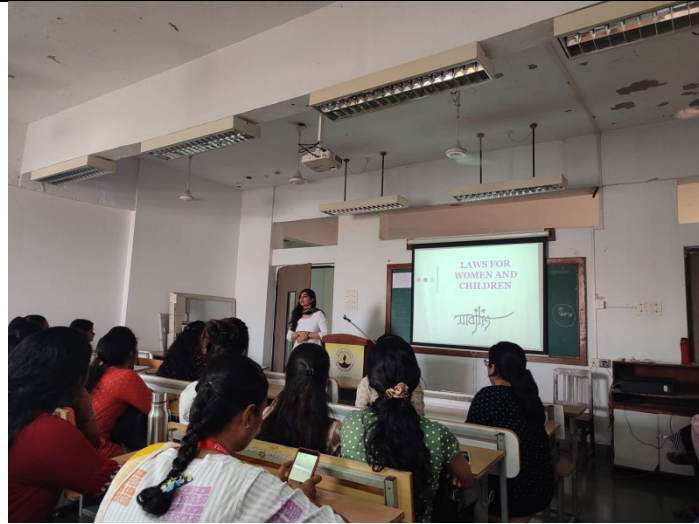
K. J. Somaiya College of Education
Somaiya Vidyavihar University
Women Development Cell
Celebrates
International Women's Day
in collaboration with
Majlis Legal Center for Legal Aid Camp




By
Advocate Mallika Verma
Date: 11th March 2022, Friday
Time: 12:00 pm to 1:30 pm

Program Co-ordinator
Dr. Hema Bhadawkar
(I/C Principal)
Ms. Usha Sharma
(Faculty, WDC In-Charge)

Committee Members
Dr. Rupal Thakkar
Dr. Manisha Gawde
WDC Secretary
Shifa Sharif



	
Feedback	The session turned out to be very helpful for the girls & women presented. Not only did it expand their knowledge but they also got clarity on their doubts.

Event no 2 :

Organizing Committee: Women Development Cell - K J Somaiya College of Education	Academic year: 2021-2022
Teacher In Charge	Miss Usha Sharma
Title of the Event	International Women's Day Celebration
Expected Outcome	To celebrate the International Women's Day and enjoy the essence & power of womanhood.
Level of organization: (Local/ State/ National/	Intra-collegiate



International/ Intercollegiate/ Intra-collegiate)	
Date of the event	08-03-2022
Time	1:30pm to 4:00pm
Venue	K J Somaiya College of Education - Room No 609
Objectives of the event	<ul style="list-style-type: none">• To create awareness about the history of International Women’s Day.• To address the issues related to women.• To celebrate International Women’s Day.
Event schedule	1:30p.m - Welcome note by WDC In Charge Miss Usha Sharma 1:40p.m - Event opening by the WDC Secretary Shifa Sharif 1:50p.m - Session hand over to the event Open Mic hosts - Prashik Sonwane, Arnold Figrade, And Aritra Sarkar 1:55p.m - Open Mic Event Started 3:30p.m - Open Mic Event Ended 3:35p.m - Introduction of Chief Guest by Usha Sharma 3:40p.m - Address by Chief Guest Ms.Vipula Naik 3:55p.m - Presentation of Posters & Slogans 3:55p.m - Winner’s Names Announcement by Chief Guest Vipula Naik 4:00p.m - Formal Vote of Thanks by Shifa Sharif
Competition Items and In Charges	Digital Slogan Making Competition - Headed by Falguni Makwana Handmade Poster Making Competition - Headed by Munazza Khan Open Mic Event - Headed by Prashik Sonawne, Arnold Figrade, & Aritra Sarkar
Report	Women Development Cell of K J Somaiya College of Education celebrated International Women’s Day on 8th March 2022 with exciting events & competitions. The theme of this year’s celebration was “Intersectional Feminism”. For the poster making and slogan making competitions the theme was given intersectionality and unrepresented women accordingly. Another event was open mic where the participants had freedom to choose anything empowering related to women and share

it with everyone at open mic. Participation was received in a huge number. And all the entries were received in advance. The entries were judged by our M.Ed student Ms. Mercy Varghese.

On 8th March the event started with the welcome note by Ms Usha Sharma and Shifa Sharif WDC secretary. The session was handed over to the Open Mic event hosts Arnold, Prashik and Aritra. All the open mic participants came on stage and shared their poems, songs, prose and stand up scripts on women.

At the end of the Open Mic event Ms Usha Sharma introduced our chief guest who was one of our alumni & lawyer Vipula Naik and she spoke on legal rights of women. After her address the posters & slogans of everyone were shown on presentation and Ms. Vipula Nayak announced the winners of both the competitions. And after a formal vote of thanks to everyone by WDC secretary Shifa Sharif the event ended.

Glimpses of Event





Judgment Sheet - Poster & Slogan

	A	B	C	D	E	F	G	H	I	J	K	L	M	N	O	P	Q	R	S	T	
1		Criteria																			
2	Participants	Relevance to the Theme	Creativity	Proper Presentation of Idea	Visual Impact	Total	Prize														
3		5 marks	5 marks	5 marks	5 marks	20															
4	1	5	4	4	3	16	III														
5	2	3	2	2	3	10															
6	3	3	2	3	3	11															
7	4	5	5	4	4	18	I														
8	5	5	4	4	4	17	II														
9	6	3	3	3	3	12															
10	7	4	3	3	3	13															

Posters Slogan

Upcoming earnings

Search

ENG IN 00:17 16-08-2023

Judgment Sheet - Poster & Slogan

	A	B	C	D	E	F	G	H	I	J	K	L	M	N	O	P	Q	R	S	
1		Criteria																		
2	Participants	Relevance to the Theme	Creativity	Proper Presentation of Ideas	Colouring & Cleanliness	Total	Prize													
3		5 marks	5 marks	5 marks	5 marks	20														
4	1	3	3	3	4	13	II													
5	3	3	2	3	3	11	III													
6	5	2	2	2	4	10														
7	6	5	5	5	5	20	I													

Posters Slogan

Upcoming earnings

Search

ENG IN 00:19 16-08-2023



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K J Somaiya College of Education



K. J. Somaiya College of Education
Somaiya Vidyavihar University
Women Development Cell
Celebrates

International Women's Day



Date: 08th March 2022, Tuesday
Time: 1:30 pm to 3:00 pm

Program Co-ordinator
Dr. Hema Bhadawkar
(I/C Principal)
Ms. Usha Sharma
(Faculty, WDC In-Charge)

Committee Members
Dr. Rupal Thakkar
Dr. Manisha Gawde
WDC Secretary
Shifa Sharif

Feedback

The celebration was very entertaining and purposeful and since it was an offline event after the pandemic everyone seemed to enjoy it a lot.

Event no 3:

<p>Organizing Committee: Women Development Cell - K J Somaiya College of Education</p>	<p>Academic year: 2020-2021</p>
<p>Teacher In Charge</p>	<p>Miss Usha Sharma</p>
<p>Title of the event</p>	<p>Movie Maniac (reviewing the cinema from a feminist & gendered lens)</p>



Type of the event	Webinar
Expected outcome	To make the students aware of portrayal of female and LGBTQIA community members in movies.
Level of organization: (Local/ State/ National/ International/ Intercollegiate/ Intra-collegiate)	Intra-collegiate
Date of the event	17-09-2021
Time	02:00pm to 3:30pm
Venue	Online – Zoom platform
Objectives of the event	<ul style="list-style-type: none">• To make the students aware of the portrayal of females and LGBTQIA members in films.• To make students watch the movies critically from a feminist & gendered lens.
Event schedule	2:00p.m – Welcome note by Ms Usha Sharma and introduction of the speaker 2:05p.m – Address by the Guest Speaker 2:15p.m – Presentations by the participants start 3:15p.m – View of the Guest Speaker 3:20p.m – Winners announced by the Guest Speaker 3:30p.m – Vote of thanks by WDC Secretary Shifa Sharif
Competition Items and In Charges	Movie Critique Presentation Competition In Charge: Maitri Nagda & Shifa Sharif
Resource person	Pushpalatha Raja ,Lecturer, Faculty member at Sree Narayana guru College of education (B.Ed).
Short profile of the resource person	Latha has been a lecturer, at Sree Narayana guru College of education (B.Ed).Earlier she was a Director at Wonderland Playschool and Nursery, Chembur, Mumbai.She has received best Alumnus award on the silver jubilee celebrations of K.J Somaiya comprehensive college of education, research and Training.She has

	also bagged the Global Role Model Teacher Award at Global teacher's Conference held at Mumbai. She has presented papers at national and international levels .
Participant's list	<p>Team 1 – Sheefa Khan & Ashwathi Panicker</p> <p>Team 2 – Hiteksha Mehta & Divya Kataria</p> <p>Team 3 – Pooja Bhati & Amoli Mali</p> <p>Team 4 – Malavika Kumar & Munazza Khan</p> <p>Team 5 – Zeel Mehta & Prashik Sonawne</p> <p>Winner Team</p> <p>Team 1 – Sheefa Khan & Ashwathi Panicker</p>
Report	<p>Women Development Cell of K J Somaiya College of Education organized an event Movie Maniac – From Feminist & Gendered Lens. The objective of this event was to create awareness about the portrayal of females and LGBTQ community members in movies. The session was held on 17th September 2021 between 2:00pm to 3:30pm online on zoom meeting application. Ms. Usha Sharma initiated the session by welcoming everyone and introduced the speaker Ms. Pushalatha Raja, Faculty of Shree Narayan Guru College of Education. The session was handed over to Ms. Pushapalatha she said a few words and shared her feelings about the topic of this event. After her word Ms Maitri Nagda took over the session and called the participant teams one by one and each participant shared their presentation. After every participant was done Ms. Pushpalatha gave her comments and feedbacks to each and every participant and announced the winner, and it was the Team 1 (Sheefa Khan & Ashwathi Panicker). After her announcement WDC secretary Ms Shifa Sharif gave a formal vote of thanks to Ms Pushaplatha for her presence and valuable insights, and the faculty members and principal for organizing such an event and to all the students for their presence that made the event successful. And the session ended at 3:30pm.</p>



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Glimpses of Event



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K J Somaiya College of Education



K. J. Somaiya College of Education

Somaiya Vidyavihar University

Women Development Cell

in collaboration with

Gender Cell

Organizes

**Movie Maniac - From Feminist &
Gendered Lens**



Ms. Pushpalatha Raja
Faculty, Shree Narayana guru College of Education

Date : 17/09/2021

Time : 2:00pm to 3:30pm

Co-ordinator

Dr. Hema Bhadawkar
(I/C Principal)

Ms. Usha Sharma
(Program Co-ordinator)

Shifa Sharif
WDC Secretary

Maitri Nagda
Gender Cell Secretary

Committee Members

Dr. Rupal Thakkar
Ms. Takshashila Jadhav
Dr. Pooja Birwatkar
Dr. Manisha Gawde





Zoom Meeting

Recording

M Manisha Gawde	29 Alfiya Mallik Alfiya Mallik		P Pooja Manchekar	N Nisha Sayed
48 Jinal Sampat Jinal Sampat		32 Hiteksha Me... Hiteksha Mehta	36 Mujeeba Me... Mujeeba Memon	
38 Neha Nair Neha Nair	03 pooja bhati pooja bhati	a Amoli Mali		
S Mehzab shaikh	F.Y.B.ED Ankita F.Y.B.ED Ankita	S Shivani Gawade		

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- 57 - Shifa Sha
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- trupt
- 01-Amina Ans
- 02 Manali Bar
- 03 pooja bhat
- 04 Kanchan
- 05 Deesha De
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- 07- Jessica
- 08: Zenia Fern
- 10- Khushnum
- 11 Shivani Ga

Invite

Zoom Meeting

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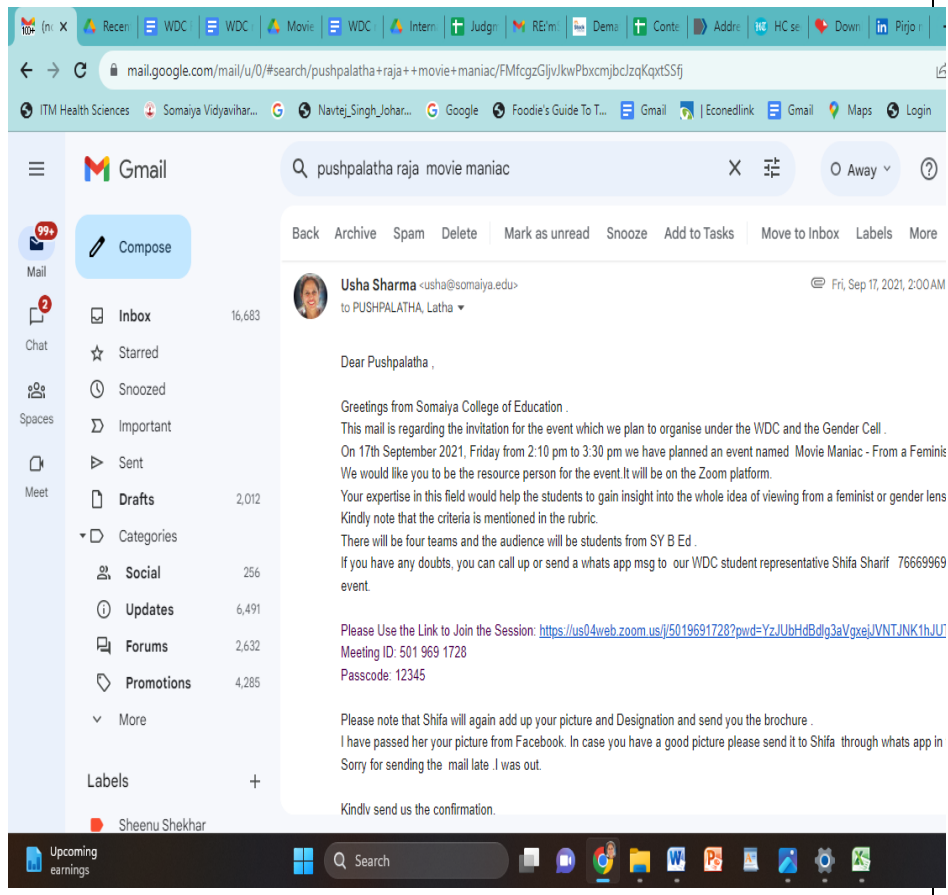
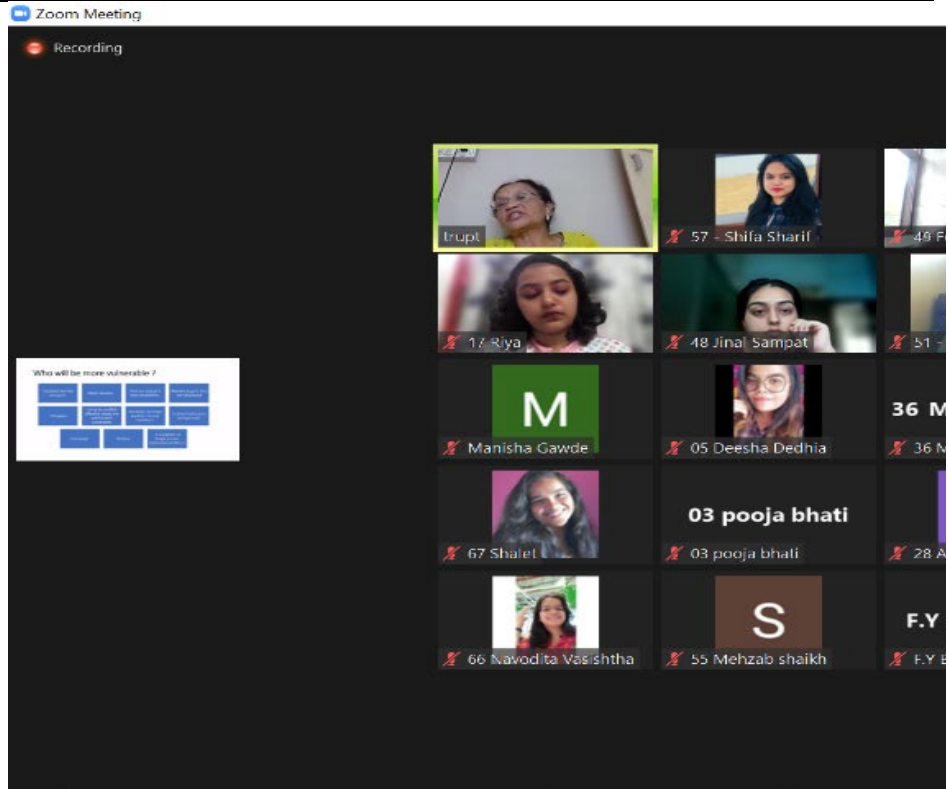
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		56-Saman Saman		24 Khan Ruby Khan Ruby
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Feedback	In general, very intuitive, well organized, well planned event. The session was interesting and students learned about a new point of view to look at movies.
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Event no 4:

Organizing Committee: Women Development Cell - K J Somaiya College of Education	Academic year: 2021-2022
Teacher In Charge	Miss Usha Sharma
Title of the event	Women & Mental health during pandemic Covid-19
Type of Event	Webinar
Expected outcome	To create the mental health awareness & address the mental health issues women faced during pandemic Covid -19
Level of organization: (Local/ State/ National/ International/ Intercollegiate/ Intra-collegiate)	Intra-collegiate
Date of the event	31-01-2022
Time	4:00pm to 5:00pm
Venue	Online – Zoom platform
Objectives of the event	<ul style="list-style-type: none"> • To create awareness about mental health • To address the mental & physical health issues that were faced by women during pandemic Covid-19 • To provide help to take care of mental health
Event schedule	4:00p.m - Welcome note by Miss Usha Sharma and introduction of the

	<p>speaker</p> <p>4:10p.m - Address by the Guest Speaker</p> <p>4:45p.m - Question Answer Round</p> <p>4:55p.m - Vote of thanks by Prachi Thakkar (Student volunteer)</p>
Resource person	Arati Kedia - Mental Health Consultant
Short profile of the resource person	<p>Aarti Kedia has been an anti-teacher, Intermodal therapeutic practitioner. Integrating Counseling, Dance Movement Therapy and Psychodrama. Co-Founder at Rooh'd Life .She has been a mental health expert with a demonstrated history of working in the professional training industry. She is skilled in Coaching, Public Speaking, Nutritional Counseling, Emotions Management, and Writing.She is a strong business development professional who integrates Humanistic Psychodrama(Vedadrama, Germany) Dance movement therapy(Savitribai Phule University) along with talk therapy (Heart to Heart counseling centre) to resolve emotional conflict.</p>
Report	<p>Women Development Cell of K J Somaiya College of Education organized a session on the mental health issues faced by women during pandemic Covid-19 in 31.01.2022 by Arati Kedia (Intermodal therapeutic practitioner). The session was held on 31st January, 2022 at 04.00 p.m. on Zoom Meeting platform.</p> <p>Miss Usha Sharma started the session by welcoming the guest speaker and the participants and went on to introduce the speaker. The speaker Arati Kedia thanked Miss Usha Sharma for the formal introduction and proceeded to start the session by asking all participants to interact with their experiences during pandemic Covid-19 lockdown. She then shared some statistics about number of calls received at the national helpline on the first day of lockdown and the statistics about domestic violence. She proceeded to talk about the conditions of Work from Home and its effects on mental health on women. She asked participants to share their personal experiences about studying/working from home/ online class. She spoke and discussed about several habits formed during pandemic, its effects on the body and mind of women</p>



and ways to deal with them. She discussed about the influence of social media and difference between hobbies and escapism with reference to various media. The session was interactive and participants asked many questions about food consumption and diet and its impact on mental health, about women trying to find external validation and self-confidence in women. All the questions were addressed by the speaker and the participants were satisfied by her response. The session concluded with a formal vote of thanks to the speaker Arati Kedia, the principal Dr. Hema Bhadawkar, professor incharge Ms. Usha Sharma, WDC Cell secretary Shifa Sharif and the students of Second & first year for their attendance and participation.

Glimpses of Event



K. J. Somaiya College of Education
Somaiya Vidya Vihar University
Women Development Cell
Organizes
Women & Mental Health Issues
During Pandemic



Arati Kedia
Intermodal Therapeutic Practitioner

Date: 31st January 2022, Monday
Time: 4:00 pm to 5:00 pm

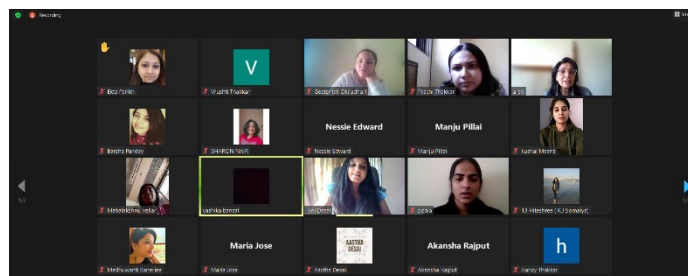
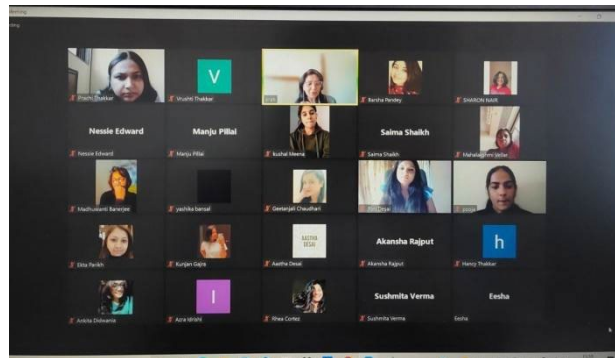
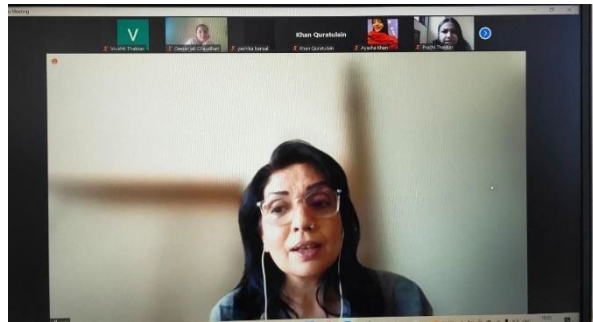
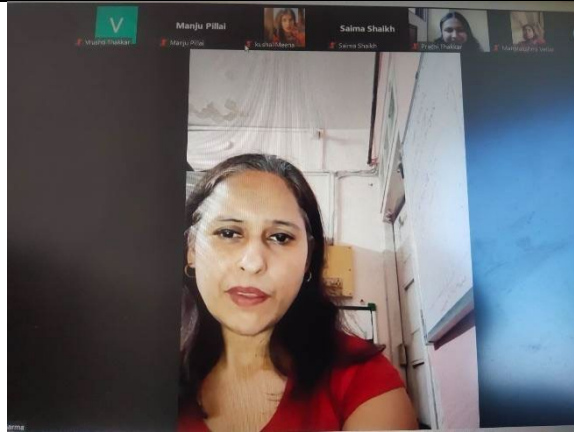
Program Co-ordinator
Dr. Hema Bhadawkar
(I/C Principal)

Committee Members
Dr. Rupal Thakkar
Dr. Manisha Gawde

WDC In Charge & Co-Ordinator
Ms. Usha Sharma

Student Volunteer
Prachi Thakkar

WDC Secretary
Shifa Sharif



Feedback

Overall the session was interactive and participants were informed of some new concepts and clarity about mental health issues as well as techniques which they can use in daily life. The session concluded on time.

Event no 5:

Organizing Committee: Women Development Cell - K J Somaiya College of Education	Academic year: 2021-2022
Teacher In Charge	Miss Usha Sharma
Title of the event	JAAGO RE!! (Launch Event of Internal Complaint Committee)
Type of Event	Webinar
Expected outcome	To make the students aware of sexual harassment scenarios at home and workplaces.
Level of organization: (Local/ State/ National/ International/ Intercollegiate/ Intra-collegiate)	Intra-collegiate
Date of the event	23-08-2021
Time	01:30pm to 3:00pm
Venue	Online – Zoom platform
Objectives of the event	<ul style="list-style-type: none"> • To make the students aware of sexual harassment scenarios at workplaces and homes, especially during the pandemic • To make students aware about the use, importance and objectives of Internal Complaint Committee • To make students acquainted on how the proceeding of ICC goes
Event schedule	<p>1:30p.m – Welcome note by Dr. Manisha Gawde and introduction of the speaker</p> <p>1:35p.m – Address by the Guest Speaker</p> <p>2:30p.m – Presentation by Miss Sadaf</p> <p>2:35p.m – Question Answer Round</p> <p>2:55p.m – Vote of thanks by WDC Secretary Shifa Sharif</p>
Resource person	Trupti sheth Project Director at Aashna Trust, Vadodara

<p>Short profile of the resource person</p>	<p>Trupti Sheth currently works with Aashna Trust as a Project director .In addition to this she also is a Self-employed & Independent Consultant @ Self-employed.She is a Director at Kutchch Mahila Vikas Sangathan,Apart from this she has managed to eb a Project leader at Wajra O Force Empowerment Foundation.she is State Level Communication Consultant- WASH at <u>UNICEF</u>.She is also a State Programme Director at Mahila Samakhya .She is a State Gender Coordinator cum Community Mobilization officer for Sarva Siksha Abhiyan, State Office Research Assistant at M.S.University</p>
<p>Report</p>	<p>Women Development Cell of K J Somaiya College of Education organized an event JAAGO RE! in collaboration with Internal Complaint Committee to create awareness about the sexual harassment cases at workplace and homes and how the Internal Complaint Committee comes in the pictures and its objectives.The session was held on 23rd August 2021 between 1:30pm to 3:00pm online on zoom meeting application.Dr. Manisha Gawde initiated the session by welcoming everyone and introduced the speaker Ms. Trupti Seth, director and founder member of Aashna Trust. The objective of this event was to provide an insight on sexual harassment cases at workplaces and home space during pandemic and effective measures for its control and prevention. The session was handed over to Ms. Seth and she started with her presentation. She started with introducing the concept of sexual harassment and moved on to explaining about the victims and Acts of preventing sexual harassment. She also spoke about the help sources to fight against harassment. Furthermore, she spoke on the establishment of Internal Complaint Committee in schools and colleges and how the ICC works after a harassment complaint is registered. She threw some light on the procedure how the ICC deals with cases and also shared a few cases where she had been as a panel</p>



member on harassment cases. She also spoke about the preventive measures and suggested some training programs as well. After her presentation Miss Sadaf, SYB.Ed student presented an idea that she came up with on how during the pandemic where everything has gone digital anyone being harassed can seek help also digitally by her digital application. Miss Sadaf had designed a prototype of an application that can help a person being harassed send signal to their relative and police department and that's how they can avail help at one click. After her presentation the question answer session began and Ms Seth provided satisfactory answers to all the queries of students. After the question answer round WDC secretary Ms Shifa Sharif gave a formal vote of thanks to Ms Seth for her presence and valuable insights, and the faculty members and principal for organizing such an event and to all the students for their presence that made the event successful. And the session ended at 3:00pm.



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Glimpses of Event



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K J Somaiya College of Education



K. J. Somaiya College of Education

Somaiya Vidyavihar University

Women Development Cell

in collaboration with

INTERNAL COMPLAINT COMMITTEE

organizes

JAAGO RE!

An insight on sexual harassment at homes and workplaces during the pandemic and effective measures for it's control and prevention



Trupti Sheth

Director & Founder Member

Aashna Trust

Date : 23/08/2021

Time : 01.30pm - 3.00pm

Program Co-ordinators

*Dr. Hema Bhadawkar
(I/C Principal)*

Dr.Rupal Thakkar

Ms.Usha Sharma

Dr. Manisha Gawde

Committee Members

Ms. Takshashila Jadhav

Dr. Pooja Birwatkar

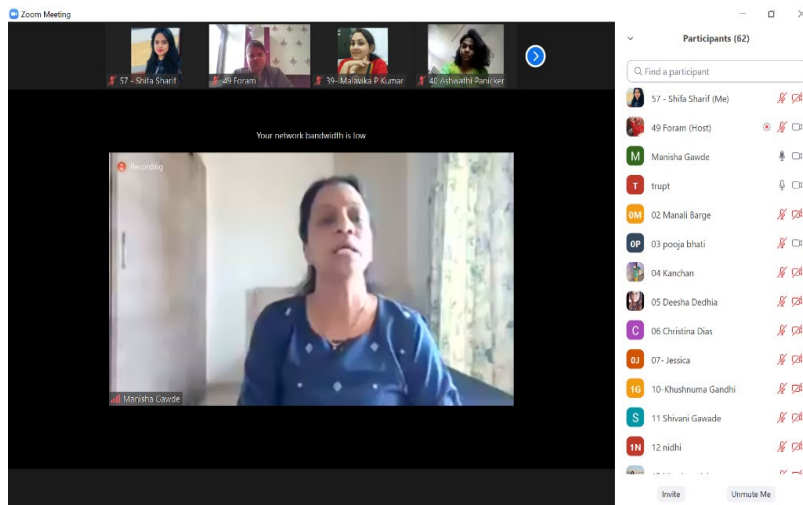
Foram Sanghavi

General Secretary

Shifa Sharif

Women Development Cell

Secretary



Zoom Meeting | You are viewing 49 Foram's screen | View Options

Recording

57 - Shifa Sharif | 49 Foram | trupt | Manisha Gawde

What is Violence against women & Types of VAW

Any act of gender based violence that results in, or is likely to result in, physical, sexual, or psychological harm or suffering to women, including threats of such acts, coercion or arbitrary deprivation of liberty, whether occurring in public or private life

Types of violence

- Domestic violence
- Domestic violence, also called domestic abuse or intimate partner violence, is any pattern of behavior that is used to gain or maintain power and control over an intimate partner. It encompasses all physical, sexual, emotional, economic and psychological actions or threats of actions that influence another person. This is one of the most common forms of violence experienced by women globally.
 - Economic violence
 - Psychological violence
 - Emotional violence
 - Physical violence
 - Sexual violence
 - femicide
 - Honor killing
 - sexual violence

Zoom Meeting Controls: Unmute, Start Video, Participants (71), Chat, Share Screen, Record, Reactions, Apps, Leave

Participants (71): 57 - Shifa Sharif (Me), 49 Foram (Host), trupt, 02 Manali Barge, 03 pooja bhati, 04 Kanchan, 05 Deesha Dedhia, 06 Christina Dias, 07 - Jessica, 08 - Zenia Fernandes, 10 Khushnuma Gandhi, 11 Shivani Gawade, 12 nidhi

Zoom Meeting | Recording

Who will be more vulnerable ?

Disabled women and girls	Older women	Women and girls with disabilities	Women & girls who are displaced
Refugees	Living in conflict-affected areas are particularly vulnerable.	Alcoholic intimate partner /family members	Economically poor background
Orphanage	Widow	A daughter of single parent (especially mother)	

Zoom Meeting Controls: Unmute, Start Video, Participants (71), Chat, Share Screen, Record, Reactions, Apps, Leave

Participants (69): 57 - Shifa Sharif (Me), 49 Foram (Host), trupt, 01 Amina Ansari Khatoun, 02 Manali Barge, 03 pooja bhati, 04 Kanchan, 05 Deesha Dedhia, 06 Christina Dias, 07 - Jessica, 08 - Zenia Fernandes, 10 Khushnuma Gandhi, 11 Shivani Gawade

Zoom Meeting | You are viewing 49 Foram's screen | View Options

Recording

57 - Shifa Sharif | 49 Foram | trupt | Manisha Gawde

Sexual harassment at workplace :

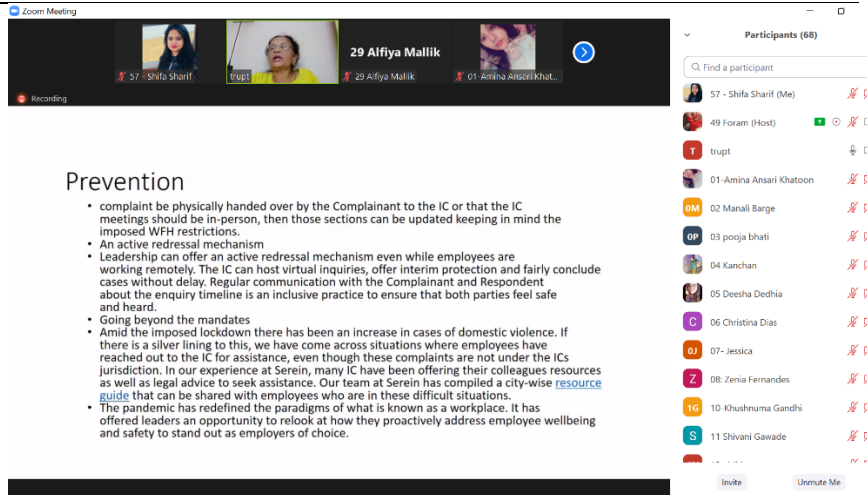
In India, the female labour force participation has had a decadal fall from 36.7 per cent in 2005 to 26 per cent in 2018, with 95 per cent (195 million) women employed in the unorganized sector or in unpaid work. (ILO –International Labor Organization)

- lockdown in 2020,
- 7 % of men lost their jobs & 47 % of women lost jobs
- not able to return to work by the end of the 2020.
- In the informal sector, women fared even worse.
- Between March and April 2021, rural Indian women in informal jobs accounted for 80% of job losses. (Azim Premji University in India)
- Under-utilisation of the Nirbhaya Funds – around 36% of the fund had been utilised in the last seven years. Last financial year, while the Union government allocated Rs 385 crore for one-stop centres that were covered under the Nirbhaya Fund, only Rs 170 crore was disbursed.

Zoom Meeting Controls: Unmute, Start Video, Participants (69), Chat, Share Screen, Record, Reactions, Apps, Leave

Participants (69): 57 - Shifa Sharif (Me), 49 Foram (Host), trupt, 01 Amina Ansari Khatoun, 02 Manali Barge, 03 pooja bhati, 04 Kanchan, 05 Deesha Dedhia, 06 Christina Dias, 07 - Jessica, 08 - Zenia Fernandes, 10 Khushnuma Gandhi, 11 Shivani Gawade

Zoom Meeting



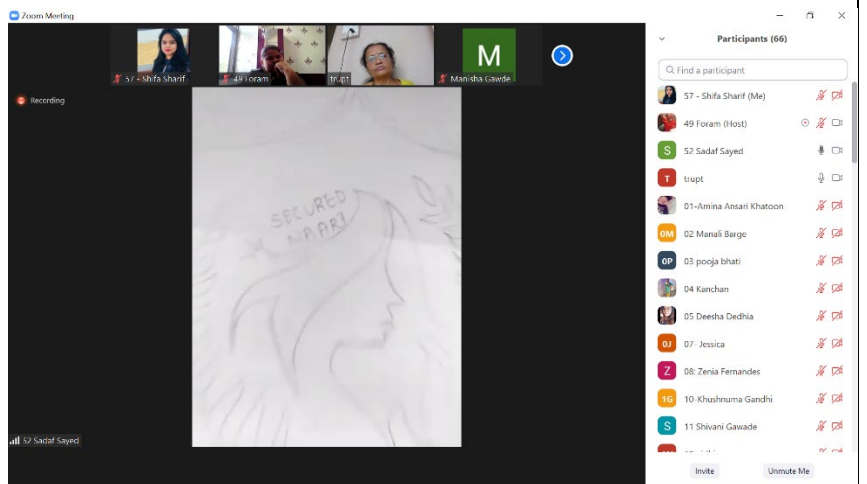
Prevention

- complaint be physically handed over by the Complainant to the IC or that the IC meetings should be in-person, then those sections can be updated keeping in mind the imposed WFH restrictions.
- An active redressal mechanism
- Leadership can offer an active redressal mechanism even while employees are working remotely. The IC can host virtual inquiries, offer interim protection and fairly conclude cases without delay. Regular communication with the Complainant and Respondent about the enquiry timeline is an inclusive practice to ensure that both parties feel safe and heard.
- Going beyond the mandates
- Amid the imposed lockdown there has been an increase in cases of domestic violence. If there is a silver lining to this, we have come across situations where employees have reached out to the IC for assistance, even though these complaints are not under the ICs jurisdiction. In our experience at Serein, many IC have been offering their colleagues resources as well as legal advice to seek assistance. Our team at Serein has compiled a city-wise [resource guide](#) that can be shared with employees who are in these difficult situations.
- The pandemic has redefined the paradigms of what is known as a workplace. It has offered leaders an opportunity to relook at how they proactively address employee wellbeing and safety to stand out as employers of choice.

Participants (68)

- 57 - Shifa Sharif (Me)
- 49 Foram (Host)
- trupt
- 01-Amina Ansari Khatoon
- 02 Manali Barge
- 03 pooja bharti
- 04 Kanchan
- 05 Deesha Dedhia
- 06 Christina Dias
- 07- Jessica
- 08: Zenia Fernandes
- 10- Khushnma Gandhi
- 11 Shivani Gawade

Zoom Meeting

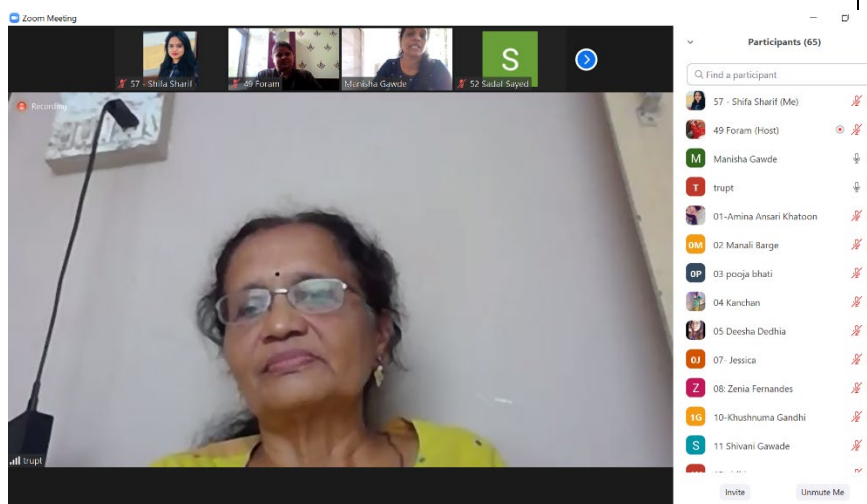


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Participants (66)

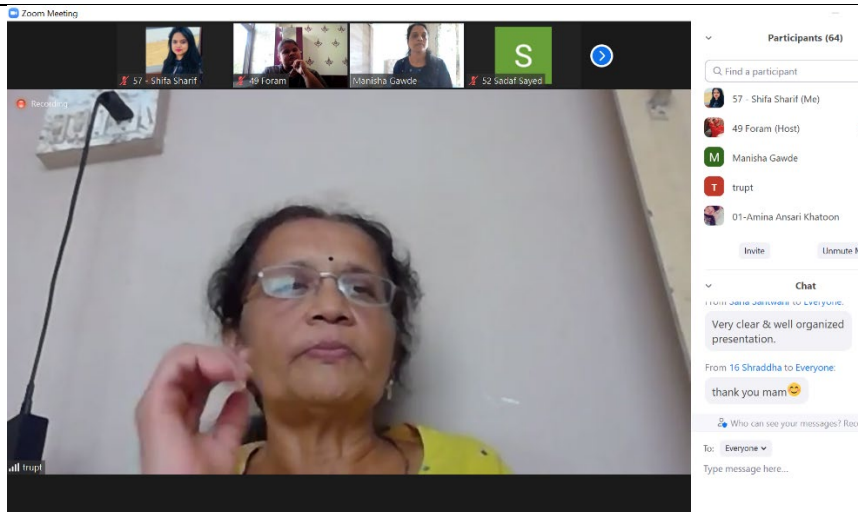
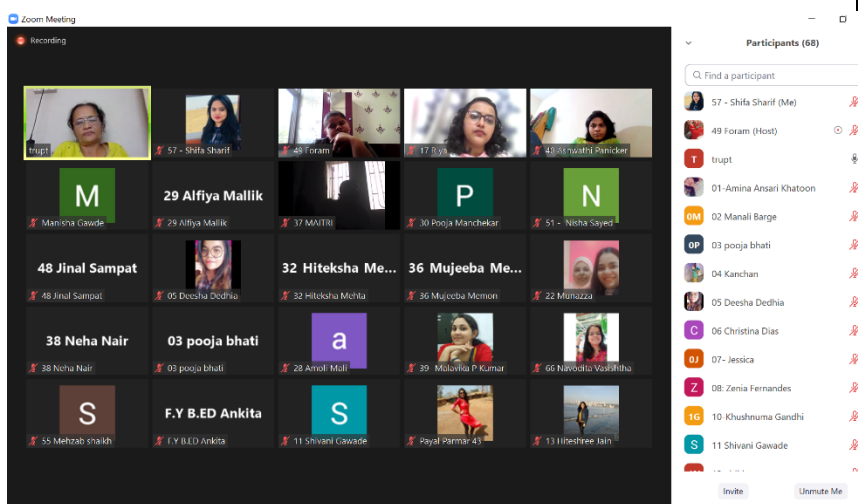
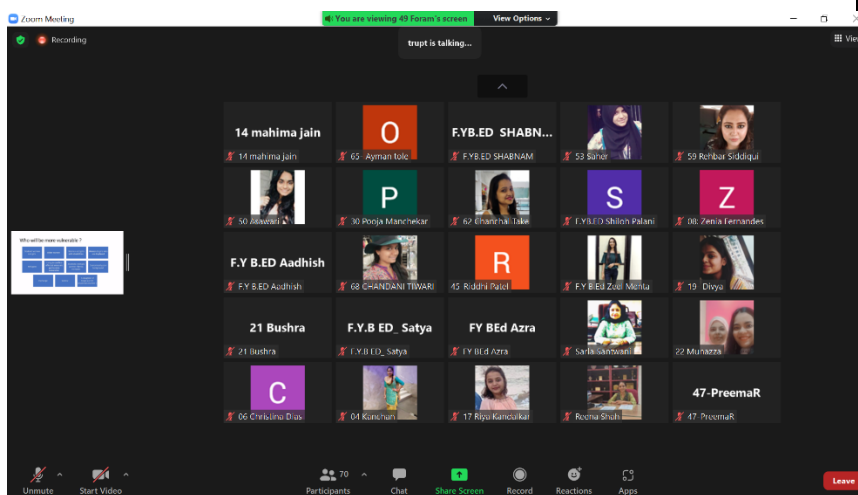
- 57 - Shifa Sharif (Me)
- 49 Foram (Host)
- 52 Sadaf Sayed
- trupt
- 01-Amina Ansari Khatoon
- 02 Manali Barge
- 03 pooja bharti
- 04 Kanchan
- 05 Deesha Dedhia
- 07- Jessica
- 08: Zenia Fernandes
- 10- Khushnma Gandhi
- 11 Shivani Gawade

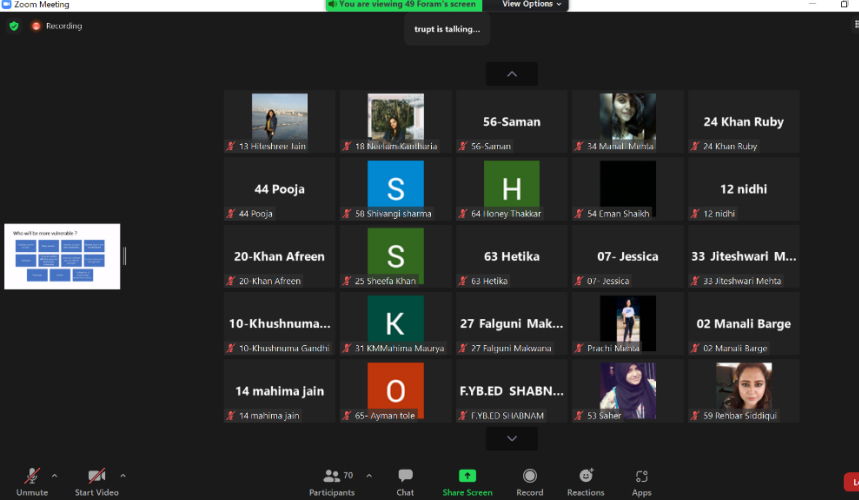
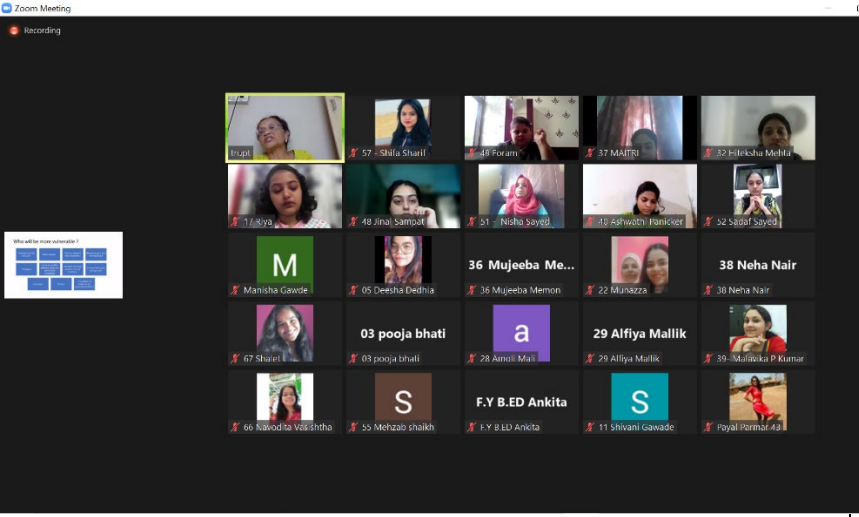
Zoom Meeting



Participants (65)

- 57 - Shifa Sharif (Me)
- 49 Foram (Host)
- Manisha Gawde
- 52 Sadaf Sayed
- trupt
- 01-Amina Ansari Khatoon
- 02 Manali Barge
- 03 pooja bharti
- 04 Kanchan
- 05 Deesha Dedhia
- 07- Jessica
- 08: Zenia Fernandes
- 10- Khushnma Gandhi
- 11 Shivani Gawade

	 
Feedback	In general, very intuitive, well organized, well planned event. The session turned out to be helpful for the students.

Event no 6 :

<p>Organizing Committee: Women Development Cell - K J Somaiya College of Education</p>	<p>Academic year: 2021-2022</p>
<p>Teacher In Charge</p>	<p>Miss Usha Sharma</p>
<p>Title of the event</p>	<p>PCOD – Causes, Symptoms & Cure</p>

Expected outcome	To make the students aware of the problems related to PCOD, its symptoms, causes and cure of PCOD.
Level of organization: (Local/ State/ National/ International/ Intercollegiate/ Intra-collegiate)	Intra-collegiate
Date of the event	08-12-2021
Time	03:00pm to 4:00pm
Venue	Online – Zoom platform
Objectives of the event	<ul style="list-style-type: none"> To make the students aware of the importance of knowing about PCOD. To make the students aware of the symptoms and cure of PCOD.
Event schedule	<p>3:00p.m – Welcome note by Ms. Usha Sharma and introduction of the speaker</p> <p>3:05p.m – Address by the Guest Speaker</p> <p>3:10p.m – Presentations by the speaker start</p> <p>3:40p.m –Question Answer Session</p> <p>3:55p.m –Vote of thanks by WDC Secretary Shifa Sharif</p>
Report	<p>Women Development Cell of K J Somaiya College of Education organized a webinar on PCOD – Symptoms, Causes & Cure.</p> <p>The objective of this webinar was to make the students aware of the problems related to PCOD, its symptoms, causes and cure of PCOD. The session was held on 8th December 2021 between 3:00pm to 4:00pm online on zoom meeting application. Ms. Usha Sharma initiated the session by welcoming everyone and introduced the speaker Ms. Lekshmy Rana, a gynecologist and obstetrician. The session was handed over to Ms. Lekshmy and she started with a presentation on PCOD. She discussed all the possible symptoms of it, and the causes of it too. She showed with the help of images how PCOD happens and exist inside the body. She showed an image of an affected ovary. She also</p>



discussed the how it can be cured and also recommended some tips to cure PCOD. After her presentation we moved forward to the question answer session where students asked their doubts related to PCOD. Dr. Rana cleared all the doubts and suggested the required remedies. After the question answer session WDC secretary Ms. Shifa Sharif gave a formal vote of thanks to Dr. Lekshmy Rana for her presence and valuable insights, and the faculty members and principal for organizing such an event and to all the students for their presence that made the event successful. And the session ended at 4:00pm.

Glimpses of Event



K. J. Somaiya College of Education
Somaiya Vidyavihar University
Women Development Cell
Organizes

"Know Your Body"
PCOD - Causes, Symptoms & Cure



Dr Lekshmy Rana
MD, MRCOG, OBYGEN

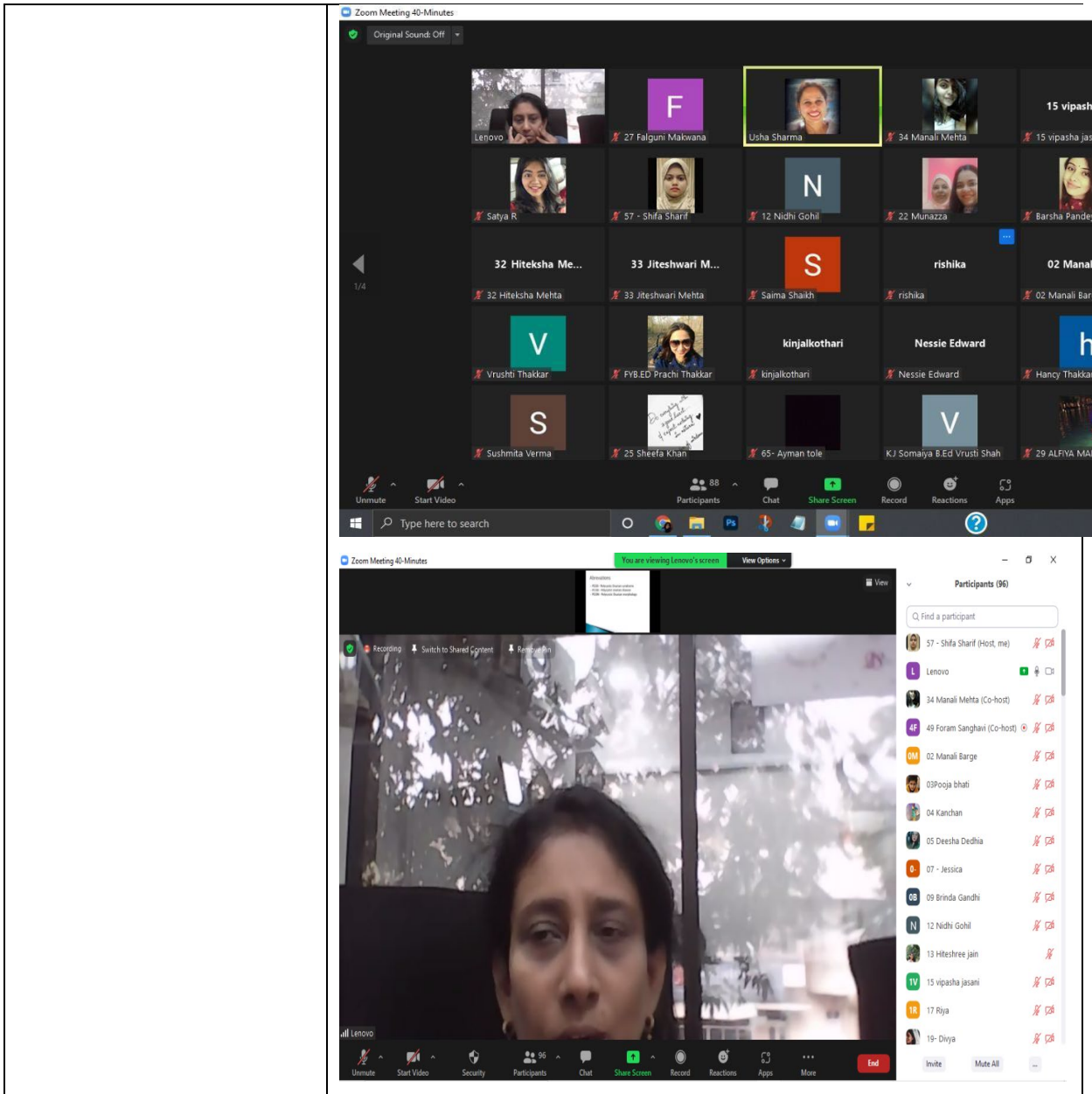
Date: 08th December 2021, Wednesday
Time: 3:00 pm to 4:00 pm

Program Co-ordinator
Dr. Hema Bhadaekar
(I/C Principal)

WDC In Charge & Co-Ordinator
Ms. Usha Sharma

Committee Members
Dr. Rupal Thakkar
Dr. Manisha Gawde

WDC Secretary
Shifa Sharif



Zoom Meeting 40-Minutes You are viewing Lenovo's screen View Options

Recording

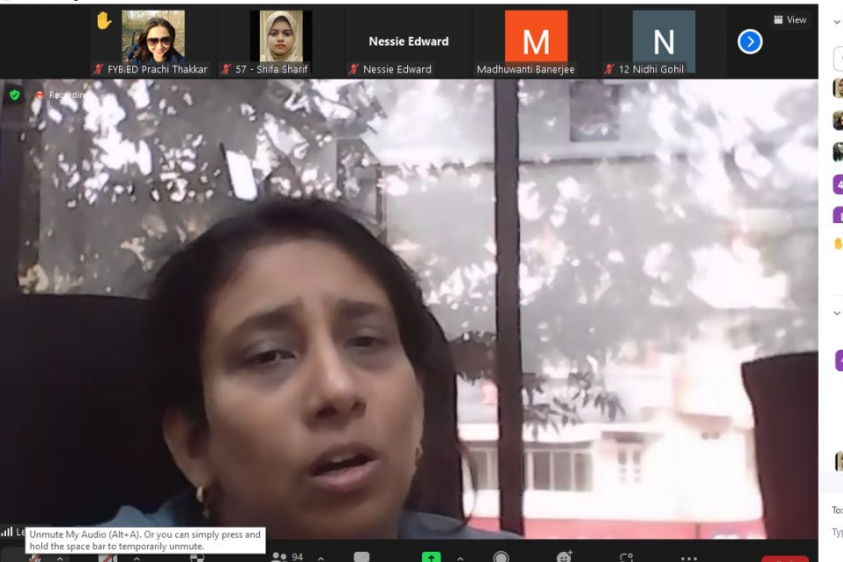
Treatment

- ▶ Progesterone Withdrawl at least 45–60 days
- ▶ OC pills – not a permanent remedy
- ▶ Drugs which reduces insulin resistance
- ▶ Eg Metformin, Myoinositol
- ▶ Sometimes effective in regularizing menstrual cycles

Unmute Start Video Security Participants 95 Chat Share Screen Record Reactions Apps More End

Zoom Meeting 40-Minutes

Recording



Unmute My Audio (Alt-A). Or you can simply press and hold the space bar to temporarily unmute.

Unmute Start Video Security Participants 94 Chat Share Screen Record Reactions Apps More End

Recording Original Sound: Off

Infertility

- ▶ Ovulation induction medications
- ▶ Ovulation induction and IUI
- ▶ Laparoscopic PCO drilling
- ▶ IVF

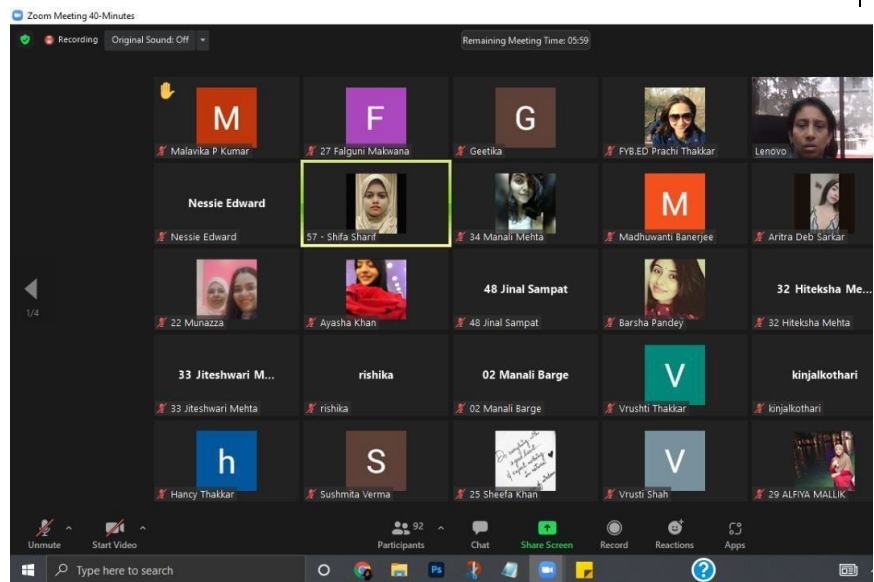
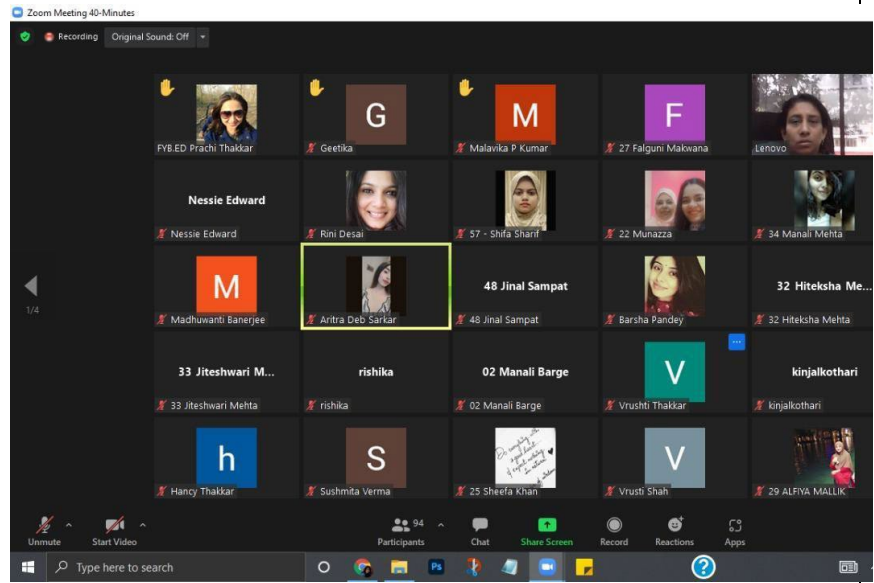
Lenovo 27 Falguni Makwana Nessie Edward Manju Pillai

34 Manali Mehta 12 Nidhi Gohil Barsha Pandey 32 Hiteksha

rishika 02 Manali Barge Vrushti Thakkar FYBIE Prachi

Hancy Thakkar Sushmita Verma 25 Sheela Khan Vrushti Shan

Anushia Anthony SHARONI NAIRI juveria Geetika



Feedback

In general, very intuitive, well organized, well planned event.
The session was very informative, knowledgeable and turned out to be beneficial.